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SANIBEL & CAPTIVA ISLANDS, FLORIDA

FEBRUARY 5, 2021

FEBRUARY SUNRISE/SUNSET: 5 7:11 • 6:14 6 7:10 • 6:14 7 7:10 • 6:15 8 7:09 • 6:16 9 7:09 • 6:17 10 7:08 • 6:17 11 7:07 • 6:18

World Birder To Lead Webinar Tour Of Peru

submitted by Bill Jacobson

Peru's Incredible Northern Birding Route is the topic for the Sanibel-Captiva Audubon Society webinar on Thursday, February 11 at 7 p.m. The presenter will be world birder and photographer Peter Hawrylyshyn.

Where can one see over 400 species in a single day? Along Peru's Northern Birding Route, which hosts over 1,600 species. Hawrylyshyn's tour starts in the humid Amazon lowlands, ascends through cloud forests of the eastern Andes, traverses the vast Marañon canyon, then ascends the western Andes, crosses the Tumbesian dry forests to finally end at the Pacific Ocean. His talk will focus on the various ecosystems and their special range-restricted species such as the marvelous spatuletail, hoatzan, wattled curassow, yellow-scarfed tanager, solitary eagle

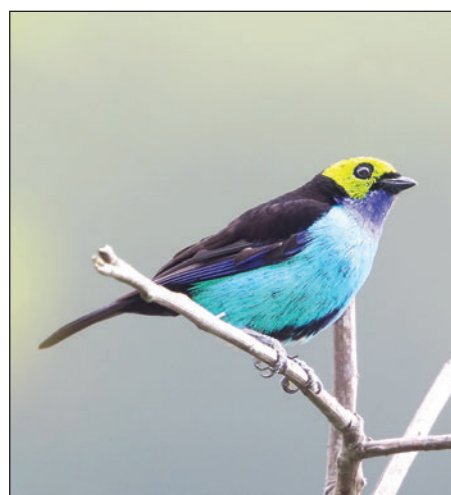


Marvelous spatuletail

photos by Peter Hawrylyshyn

and white-winged guan. He will also explore the spectacular scenery, the rich Chachapoyan cultural history (mummies in caves) and the environmental threats to the region. Northern Peru is truly an unforgettable birding experience.

Hawrylyshyn has been a long-time



Paradise tanager

winter visitor to Sanibel. He has always had a love of the outdoors and birds. The advent of digital imaging allowed him to focus his interests on bird photography. His award-winning work has appeared on BBC Nature and Cornell's Living Bird, and been published in numerous reference texts.

This is the sixth of eight



Swallow tanager

Sanibel-Captiva Audubon Zoom webinars to be held this season. To register for a webinar, go to the "Programs" section of the website (<http://www.san-capaudubon.org/programs.html>) within the five-day period prior to the specific webinar's scheduled date and click on "Join" in that webinar's description.

After registration, a link to that webinar will be emailed to you. Each webinar has a different link. All are welcome to join.

To view a video of a completed webinar, continued on page 4



Display by Debi McBroom

photos provided

Virtual Shell Show To Include 101 Ways For Display

The 2021 Virtual Sanibel Shell Show is coming to the Sanibel-Captiva Shell Club's YouTube Channel on Friday and Saturday, March 5 and 6 from noon to 3 p.m. The

free show will feature over 35 original video vignettes, a photo contest and door prizes. There will be something to entertain and educate everybody.

Shell Show Chair Clair Beckmann said, "One of my favorite videos is *101 Ways to Display Shells* because Sanibel Shell Club members are very creative and clever, and they also have loads of wonderful shells to display." This featured video is filled with clever



Display by Stacy Edinburg

ideas from placing shells within shells, displaying shells on corals and around door jambs, and organizing shells by type and color. You name it and one of the clever shell enthusiasts has thought of it. You can watch it over and over again after the shell show on the shell club website <https://sanibelshellclub.com/virtual-2021-sanibel-shell-show/>.

Artistic projects featured in the show include a how-to project using a printer's tray in which you display shells, creation of a shell picture frame by the Sanibel Shell Crafters group, a DIY Beach Bling hand sanitizer and a shell magnet project.

For more information, email shellshow@sanibelshellclub.com.✱

Livestream Forum With City Council Candidates



Ryan Orgera



Arlene Dillon

With its distinct Comprehensive Land Use Plan and City Charter, developed when the city was created in 1974 as a response to the potential for runaway growth, SCCF has been a long-standing partner in protecting the island.

The SCCF livestream production will be directed by former CBS News producer Arlene Dillon, a longtime Sanibel resident. Dillon's 25 years of experience in network television news included 12 years covering the White House and producing live special events.

"This election is important not just for Sanibel but for our whole region," said Dillon, who is volunteering her time and talent. "I'm happy to help produce an engaging program that will inform voters."

Dillon was the first woman to direct the State of the Union presidential speech for all television networks, and over her career, has directed dozens of presidential news conferences, oval office speeches, inaugural events and foreign presidential summits.

The forum is intended to help voters understand where candidates stand on critical issues specific to the environment including land use, water quality, Everglades restoration, living with wildlife, coastal resilience and the role of science in policymaking.

Candidates will be seated at a safe social distance; no audience will be present. Questions have not been provided in advance; only broad topics.

SCCF is strictly non-partisan and will not endorse any candidates. Go to www.sccf.org to watch live. If you are unable watch live, the forum will be recorded and available for viewing afterwards on the website.

Residents qualified to vote on Sanibel may register at <https://www.lee.vote/Voter-Resources/How-do-I-register-to-Vote> or by calling 239-LEE-VOTE (533-8683).✱

With its mission to protect and care for Southwest Florida's coastal ecosystems, Sanibel-Captiva Conservation Foundation (SCCF) will host a virtual Candidate Forum on the Environment with Sanibel City Council candidates on Wednesday, February 10 at 7 p.m.

Three Sanibel City Council seats are up for election on March 2, with six candidates in the running. They are: Mary Bondurant, Dr. Scott Crater, Tim Drobnik, John Henshaw, Jason Maughan and Mike Miller.

SCCF will livestream the forum as CEO Ryan Orgera moderates a live, socially-distanced panel featuring all six candidates.

"A majority of the council seats are on the ballot this year, potentially creating the first major shift in our city's leadership at one time in many years," said Orgera. "The City of Sanibel is unique in our region, not just for its natural beauty, but because nature is given equal footing with human residents that is ensured by city leadership."

Professor Speaks On Religious Unity

submitted by Tanya Hochschild

Dr. Susannah Heschel, Eli M. Black distinguished professor and chair of the Jewish studies program at Dartmouth College and daughter of Rabbi Abraham Joshua Heschel, spoke on Zoom to over 100 congregants on January 31. Congregations included Bat Yam Temple of the Islands, Captiva Chapel by the Sea, Christian Science Church of Sanibel, Saint Michael and All Angels Episcopal Church and Sanibel Congregational United Church of Christ. Rev. Dr. John Danner, senior pastor of Sanibel Congregational United Church of Christ, moderated.

Dr. Heschel was asked to examine how her late father, a colleague of Dr. Martin Luther King Jr., might respond to the current issues surrounding systemic racism in the United States.

She began by describing her father's background, which impacted how he formulated his position on racism. He was born in 1907 to a pious family in

Warsaw and grew up surrounded by people of "religious nobility." His father was a rabbi and the family lived in an impoverished neighborhood. Heschel was a bright young man and he went to Berlin to soak up ideas, studying both at the Reform and Orthodox colleges as well as the University of Berlin, where he joined a poetry group. He composed poems in Yiddish and Hebrew. He joined discussion groups, was fluent in Latin and Greek. He felt people did not understand the prophets and made that subject his dissertation for his PhD, but no German publisher would take his book. He was a Jew and it was the eve of WWII.

He was invited to be a professor in Prague but Hitler overran Czechoslovakia and his job dissolved. In 1940, the Hebrew Union College of Cincinnati plucked him out of Europe. In 1946, he married and kept himself busy writing books. In the '50s, he started giving lectures to Jewish groups and later in that decade was invited to speak at national events.

In 1963, he went to Chicago to attend a conference on religion and race. There he met Dr. Martin Luther King Jr. They immediately struck up a close friendship

Theological Studies Course Examines Writer



Dr. John H. Danner



Dr. Thomas Cooley

The life and work of Flannery O'Connor will be the subject of a two-part course being taught on Zoom Wednesdays, February 10 and 17 at 9:30 a.m. by Dr. Thomas Cooley and the Rev. Dr. John H. Danner.

O'Connor, an award-winning novelist, essayist and creator of short stories, was one of the most imaginative writers of the 20th century. Her work was informed both by her Southern upbringing and her Roman Catholic background.

Dr. Cooley and Dr. Danner will explore two stories in particular, *Everything That Rises Must Converge*, and *A Good Man Is Hard to Find*. While attendees do not need to read the stories in advance, reading them will enhance the experience. Copies of a volume of O'Connor's short stories are available for sale at Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way.

Dr. Cooley is emeritus professor of English at Ohio State University, specializing in American Literature from 1820-1920. He is the author of

Educated Lives: The Rise of Modern Autobiography in America and *The Ivory Leg in the Ebony Cabinet: Madness, Race, and Gender in Victorian America*, a study particularly relevant to this course. In addition to academic books and articles, Cooley has published numerous college textbooks in the field of composition and rhetoric, including *The Norton Sampler* (now in its eighth edition) and *Back to the Lake*, a reader and guide for writers (third edition, 2015). The drummer in Island Jazz, the Blue Dirt Dixieland Jazz band and several other local groups, Cooley also plays the washboard.

Dr. Danner has served the Sanibel church as its senior pastor since 2010. Prior to that he served churches in Connecticut, New Jersey, New York, Massachusetts and Maine. He is the author of several published articles and a contributor to two volumes of liturgical materials, *Touch Holiness* and *From Psalms to the Cloud*. He has degrees from Bradford College, University of Maine, Bangor Theological Seminary and Boston University. His areas of special interest are in the field of church history, especially 19th century American church history.

The course is sponsored by Sanibel Congregational United Church of Christ as part of its Theological Studies Program. The Zoom link can be found on the church website at www.sanibelucc.org. For more information, call 472-0497.✱

Local Named To President's List

Carson Towle of Sanibel has been named to the Tallahassee Community College Fall 2020 President's List.✱

and found they shared similar concerns; free Soviet Jewry was one, the war in Vietnam was another. Many Jews were involved in the civil rights movement.

Heschel marched with King from Selma to Montgomery. He said, "legs are not lips and walking is not kneeling, but I felt my legs were praying – there was something holy in the march." He felt to march was to be lifted up and feel a unity with God because he felt the marchers were doing something on behalf of God. Everything you do with your body, singing, dancing, marching, becomes a form of prayer, therefore he felt his legs were praying. Heschel firmly believed marching is acting for and reacting to other human beings.

He startled audiences with his passion about racism. His passion was the passion of his beloved prophets who are so filled with outrage that it cannot be contained. The prophetic ethos has been mocked since the late 1800s, the criticism was that prophets were country people who were not wise in the ways of the world. Heschel disagreed. He firmly believed the opposite of good was indifference.

He remembered back to his younger

days how shocked he was by the indifference of the Germans to what was happening before and during the rise of Hitler. There was very little outrage, very little passion. His book on the prophets were important to civil rights leaders. Dr. King's copy was all marked up and King referred to Amos in his speeches. Dr. King related how racism was not confined to the south. One of Heschel's gifts is he listened with his heart and his soul and when he became involved in civil rights, he saw the movement as an ecumenical movement including everyone who questioned ethical and moral issues.

Dr. Heschel concluded that her father felt without a sense of humanity, we are denying God's existence and our own humanity. He emphasized it is imperative we continue to care. We have an obligation to come together and support one another. Her last sentence knitted the past with the present.

"This is not the time to worry about differences in our beliefs, the question is what can we find in the nature of our religiosity to share. As my father said, 'we must find something we have in common and build bridges.' It is by so doing we preserve hope and optimism."✱✱



Bailey-Matthews National Shell Museum past and present

photo provided

Support The Future Of The Shell Museum

On November 18, 2020, the Bailey-Matthews National Shell Museum celebrated its 25th anniversary.

Before there was a shell museum, there were shell collectors. They were passionate about this special place – Sanibel Island, one of the best shell-collecting spots in the world. They dreamed of establishing a museum dedicated entirely to shells and the environmental importance of mollusks, the animals that create them.

In 1989, three local brothers, Francis, Sam and John Bailey, deeded eight acres of wetland on Sanibel-Captiva Road to the museum. They used the gift to memorialize their parents, Frank P. Bailey and Annie Mead Matthews, whose names the museum now bears.

On November 18, 1995, the Bailey-Matthews Shell Museum opened its doors to visitors.

On its first anniversary, the museum board announced the completion of the 24 etched-glass cupola windows by local artist and resident Lucas Century, which cast a blue glow in The Great Hall of Shells. Wil Schlosser, a museum board member, sponsored the project in memory of his parents, Marion and Samuel Schlosser.

In May 2007, the museum first applied to the American Alliance of Museum's (AAM) Accreditation Program and was awarded a full 15-year accreditation in March of 2010. The entire process took about three years and, as a result, the organization could demonstrate to its communities, donors and sponsoring agencies its commitment to excellence and continued institutional improvement.

In 2014, "National" was added to the museum's name, as it continued to be the only museum in the United States devoted solely to shells and mollusks. The museum has over 130,500 lots of mollusks in its collection, comprising almost one million individual specimens.

In 2016, the museum hosted the Mollusks in Peril Forum, a 2.5-day event that brought together scientists, students and concerned citizens to examine large-scale threats to mollusk populations.

In early 2019, the museum broke ground on a new section devoted to live mollusks. The Living Gallery opened to the public on March 1, 2020 and now gives visitors a chance to see some of the living creatures that create the shells they collect and admire.

After its opening in 1995, José H. Leal, PhD, became the first executive director of the museum. He is currently its interim director/curator. It was through his efforts that the museum is accredited



Commemorative items for donors

image provided

through AAM, and he is working in the oversight of the American Aquarium & Zoological Association (AZA) accreditation for the new Beyond Shells: Living Gallery exhibits.

Now, you can share a piece of the museum's history and help ensure its future. With your donation, you will receive a limited-edition 25th anniversary commemorative item:

\$25 donation – bumper sticker;
\$250 donation – holiday ornament;
\$2,500 donation – sterling silver pendant by Congress Jewelers.

Visit shellmuseum.org/donate.

Every donation supports the museum's work of caring for the animals, improving the collection, supporting staff and inspiring the next wave of ocean leaders through education.

For more information on the museum, visit www.shellmuseum.org or call 395-2233.✱

February Fun Day For Youth At Rec Center

Register your child for the upcoming Fun Day at the Sanibel Recreation Center on Monday, February 15 from 8 a.m. to 5:30 p.m. The Fun Day will offer a variety of athletics, arts and crafts and games. Enrollment is available for children in kindergarten through eighth grade. Each child needs to bring a lunch and water bottle. Face masks are required.

Register before February 8 and the rate is \$36.75 for members and \$49 for non-members. For those who register on or after February 9, the rates are \$38.25 for members and \$51 for non-members.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road on Sanibel. Daily, weekly, semi-annual and annual memberships are available. For more information, call 472-0345 or visit www.mysanibel.com.✱



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Churches/Temples

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Complete Shabbat Worship Service including Torah reading Zoomed from Fellowship Hall at SCUUC every Friday night at 7:30 p.m. Shabbat morning discussion led by Rabbi Fuchs at 9:30 a.m. (email batyamsanibel@gmail.com to request the Zoom links). Food and paper drive donation drop-offs on the first Thursday of each month from 11 a.m. to 1 p.m. at Sanibel Congregational United Church of Christ. Rabbi Stephen Fuchs, Cantor Murray Simon, President Michael Hochschild, www.batyam.org, 2050 Periwinkle Way, 732-780-2016.

HISTORIC CAPTIVA CHAPEL BY THE SEA
Rev. Larry Marshall. Outdoor services every Sunday at 11 a.m. Nov. 8, 2020 through April 25, 2021. Services posted on Chapel's Website for viewing. Weekly Bible Study on Tuesdays at 10 a.m. Masks are mandatory and social distancing will be in effect. www.captivachapel.com, www.facebook.com/Captiva-Chapel-By-The-Sea, 11580 Chapin Lane Captiva, 472-1646.

CHAVURAT SHALOM
(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST
Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH
Contemporary Service at 9 a.m. and Traditional Service at 11 a.m. in the Main Sanctuary. Now offering a "Masks Only" service via live stream at 9 and 11 a.m. in Fellowship Hall. View the Sunday Service online at www.sanibelchurch.com, 1740 Periwinkle Way, 472-2684.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST
The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Livestream service at 11 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH
Father Ed Martin, Pastor. Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 and 10:30 a.m. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH
The Rev. Bill Van Oss, Rector. View Sunday service online, through Facebook or YouTube. Most services and meetings have transitioned to online formats. Visit website for information on Bible studies and other offerings. Drive Up Communion every Sunday, 9:15 to 10:15 a.m., www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS
Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.
*Email changes to press@islandsunnews.com or call 395-1213.**



Piano donated by the Dickey family, on display in the Rutland home
photo courtesy Sanibel Historical Museum and Village

Sanibel Historical Museum And Village

Looking Back: Dickey Piano

Not everything in the Sanibel Historical Museum and Village is from Sanibel. This handsome piano was owned by Dr. and Mrs. John Dickey of Captiva. Their family donated it to the museum over 30 years ago. Their portraits and the piano are



displayed in the 1913 Rutland home. The Sanibel Historical Museum and Village is located at 950 Dunlop Road, next to BIG ARTS. Hours are Tuesday through Saturday from 10 a.m. to 4 p.m. Guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. Masks are required and safety precautions are in place. For more information, visit www.sanibelmuseum.org or call 472-4648.*

From page 1

World Birder

click on "Video" in that webinar's description.

There is no charge to join the webinars. The normal source of Sanibel-Captiva Audubon lecture support has been a \$10 suggested donation for the pre-pandemic live presentations at The

Community House. It is suggested that webinar attendees donate directly by mail to the address on the website homepage or via PayPal to its web page: [Paypal.me/SanCapAudubon](https://www.paypal.com/SanCapAudubon). All donations are appreciated and after costs are used to promote conservation on Sanibel, Captiva and in Florida. For more information, call 395-1878 or visit www.san-capaudubon.org.*

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OBITUARY

**RICHARD H. KOLVEK**

Richard H. Kolvek of Bolton Landing, New York and Sanibel Island, Florida went to be with Christ the Lord on Tuesday, January 26, 2021. Previously, he and his family resided for over 30 years in Allendale, New Jersey.

Richard was born on July 29, 1939 to Emil and Rose Kolvek of Ridgefield Park, New Jersey. Richard graduated Ridgefield Park High School. After graduation in 1960 from Stevens Institute of Technology, while working for PSEG, he obtained his MBA. The week following

his graduation from Stevens, he married Mary Fenton, his lifetime wife until her passing on June 6, 2014. They had five children, now surviving include: Susan McDowell, Cheryl Ketner, Scott Kolvek, Jennifer Dana and Dan Kolvek and eight grandchildren. Richard was predeceased by his brother, Raymond Kolvek.

After a 30-year career with PSEG, where he obtained the nickname "The Dancing Bear," he retired as general manager for Peaking Operations and consulted for many years, evaluating the construction or purchase of power plants for a subsidiary of PSEG.

At age 33, Richard came to really know the Lord through a persevering Christian boss. Since then, Richard has been heavily involved with spreading God's word, including having many missionaries stay at his home. Richard assisted with the writing of books regarding how science supports the Certainty of Christ and helped to form the Bolton Community Church in Bolton Landing, New York.

All who knew Richard know of his bubbling and energetic passion for life with his daily and continuous "To Do List" that he updated regularly. He always had a smile and welcomed all into his life and home.

A funeral service was held via Zoon on January 31 at Baker Funeral Home in Queensbury, New York. The family requests that in lieu of flowers, donations be made to the Bolton Landing Community Church, P.O. Box 1455, Bolton Landing, NY 12814 or <https://boltoncc.org/>

Condolences may be sent through www.bakerfuneralhome.com.✱



From left, Gayle Pence, Betty Anholt, Annette Hendrick and Charles LeBuff photo provided

Shelling Video On Historical Village Website

Betty Anholt and Charles LeBuff spoke recently at the Sanibel Historical Museum & Village on the topic of Shelling and Its Sanibel History. The audience was limited due to safety precautions, but the talk was videotaped and is now available on the museum's website.

LeBuff first started shelling on Sanibel in 1952, although he has never found a

junonia. He explained that most junonias come from shrimpers who fish in deep waters where junonias live.

"Sanibel's beaches are 95 percent living organisms; there is very little sand. So, the seashell formed Sanibel and maintains our quality of life even today," LeBuff said.

Anholt echoed that sentiment. "Shells have been the underpinning of the island in so many ways," she said. "Physically, as food sources for people and wildlife, way back to the Calusa, who also used shells as decoration, tools, knives and more."

Watch the video to learn about the history of the Sanibel Shell Fair,

continued on page 6

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-Ann Landers

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Members of the Sanibel Bike Club take a photo break photo provided

Sanibel Bike Club Takes Trip To Pine Island

On January 20, the Sanibel Bike Club traveled to Pine Island for an off-island ride. Members rode along Stringfellow Road to Bokeelia then back down to St. James City. Riders rode anywhere from 16 to 33 miles, then stopped for lunch at local area restaurants such as Tarpon Bay Lodge and Ragged Ass Saloon, with

outdoor seating overlooking on the water. Club members reported that it was a beautiful day for exploring Pine Island. The Sanibel Bike Club is a group of cycling enthusiasts at all levels of ability. The club always welcomes new members to share its on- and off-island rides and monthly potlucks. For more information about the club and how to join, visit www.sanibelbicycleclub.org. The next off-island ride will take place on Wednesday, February 10. Members will ride from Lovers Key down to Vanderbilt Beach.✽

Free App To Send Anonymous Tips To Sanibel Police

The Sanibel Police Department now allows the public to share important public safety information anonymously with police by sending them a secure message about crimes or suspicious activity on Sanibel via a free smartphone app. Developed by tip411, the Sanibel PD App puts a new crime-fighting tool into the hands of community members of all ages. The Sanibel PD App can be downloaded for free via the Google Play Store, iTunes App Store, or by visiting the City of Sanibel website at www.mysanibel.com. “We believe the public is our greatest law enforcement resource,” said Police Chief William Dalton of the Sanibel Police Department. “Our new Sanibel PD App, along with our existing tip411 anonymous text a tip system, will help our residents play a more active role in keeping Sanibel safe.” Like the department’s existing tip411 anonymous text a tip system, the new Sanibel PD App from tip411 enables the public to share an anonymous tip with police and lets the officers respond back creating an anonymous two-way conversation. Anyone with a cell phone may also send an anonymous tip to Sanibel Police Department by texting Sanibel and

their message/tip to 847411 (tip411). Anonymous web tips can also be submitted right from the website. The Sanibel PD App and tip411 anonymous text a tip system are 100 percent anonymous, as the technology removes all identifying information before police see the tips, and there is no way to identify the sender. If there is an emergency that requires immediate assistance, always dial 911. For more information or questions, call the Sanibel Police Department at 472-3111.✽

Shelling Video

conservation and the best times to go shelling. Go to www.sanibelmuseum.org, click on Volunteers, then Volunteer Updates. The video is the first one listed. The Sanibel Historical Museum and Village is a nonprofit organization formed with the mission to preserve, share and celebrate Sanibel’s history. The village is open Tuesday through Saturday from 10 a.m. to 4 p.m. Masks and social distancing are required. Due to COVID-19, guided tours are available by reservation only in groups of no less than six and no more than 10. The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access. Admission is \$10 for adults ages 18 and over; no charge for members and children. For more information, visit www.sanibelmuseum.org or call 472-4648.✽

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Non-Resident Parking Increase Reconsidered

by Wendy McMullen

City council members rethought their proposed increase in parking stickers for non-residents at the city council meeting on Tuesday, bringing the costs of the “B” sticker down to \$300 instead of the planned \$400.

The cost of a B parking decal was planned to increase from \$124 to \$400 when the stickers come up for sale once again in mid-February. All non-resident parking stickers had been put on hold at the beginning of the COVID-19 crisis.

Interim Councilman Chauncey Goss said he thought the city should have parking for people who live off island but questioned the size of the increase in fees.

“They’re not our beaches, they’re everybody’s beaches,” Goss said, pointing out that while it is up to the individual to decide at what cost it makes sense to buy the decal, he didn’t think that cost should be prohibitive.

Interim Councilmember Jerry Muench wondered whether the increase in the cost of the B sticker would be worth the increase in the income generated.

“We don’t have a great demand for them,” he said, referring to the B decals. “And we aggravate everyone in Lee County that thinks we’re elitist.”

Vice Mayor Holly Smith defended the increase, pointing out that many cities don’t have public parking at all, or a pay by the hour fee, and that it is the City of Sanibel and its residents who pay the cost of maintaining the beaches and the resident and non-resident parking areas.

In the end, city council decided to make the non-resident B decal \$300 a year. This will be pro-rated for 2021. This is value pricing for beachgoers who go the beach more than 60 hours a year. Parking at city and county beach parking lots is \$5 an hour, or \$40 for an eight-hour day. It would take a little more than a week of eight-hour days on the beach to make the B sticker worthwhile, council members pointed out.

The B sticker allows non-residents to park at the Sanctuary Overlook, Blind Pass Beach, Bowman’s Beach, Trost Parking Lot on Tarpon Bay Road, Gulfside City Park (Algiers) off Casa Ybel Road, Lighthouse Beach and Fishing Pier, with limited parking spaces at the end of Fulgar, Donax and Nerita streets, Bailey and Beach roads, and Dixie Beach Boulevard.

Mayor Mick Denham pointed out that the added value of B parking is that visitors can park in premium areas with no queuing or waiting, without the need for cash or credit card, and no chance of getting a fine for overstaying.

“There’s a great value to those conveniences,” he said.

The B/C decal, which allows parking at the boat ramp east of the Sanibel Causeway, is also now for sale to non-residents. The cost for this decal is now \$399 instead of the \$500 previously proposed.✴

Mayor Reports On Vaccine Shortage

by Wendy McMullen

While the vaccination site at the old airport in Fort Myers was deemed a success, city council members acknowledged that there was still a great shortage in vaccine supply and a huge demand.

Mayor Mick Denham reported on Tuesday that he has spent much of his days talking to officials in government and health to inform them of the huge demand and the acute shortages of the vaccine in Lee County. “But there is good news,” he told the council, reporting that the Florida Department of Health has a new online reservation system to replace the Lee County telephone system that frustrated so many people.

Lee County’s telephone reservation system was flooded with calls within seconds of opening, with a huge number of dropped calls and incomplete reservations for those who did get through.

The actual vaccination system,

however, for those who succeeded in getting an appointment, was described as an “amazing success” by Vice Mayor Holly Smith, who visited the site at the former Southwest Florida Airport site known as RSW.

“People were so happy,” she reported. “There’s only so much we can do as a municipality, but the mayor’s on calls all day and we’re getting there.”✴

Body Cameras Approved For Sanibel Police

by Wendy McMullen

Sanibel City Council approved the funds for 30 body cameras and related equipment to be used by Sanibel police.

Police Chief William Dalton reported that studies showed that body worn cameras improve community relations and increase transparency and accountability in use of force incidents or citizen complaints.

“A year or so ago, there was a sentiment that people didn’t feel comfortable with body cameras but the last year has altered that,” said Dalton, adding that the cameras protect the city in general as well as the individual police officers.

The 30 body camera package, which includes docking, antenna and vehicle installation, will cost \$50,711.✴

Causeway Traffic Down 11 Percent

by Wendy McMullen

The number of vehicles crossing the Sanibel Causeway decreased by 11 percent in 2020, City Council learned on Tuesday.

The overall decrease resulted mainly from precipitous drops in March, April and May with a low of 61 percent in April. Crossings began to increase in the following months with an increase of 5 percent in October. Since that time, the number of trips has decreased from

between 3 percent in October and 9 percent in November.

Prior to the advent of COVID-19, numbers were up 4 percent in January and 3 percent in February.✴

FEMA Provides Funds To State For Vaccinations

The Federal Emergency Management Agency (FEMA) has obligated \$245 million to the State of Florida for costs for the COVID-19 vaccine mission.

The award provides expedited federal funding to reimburse 100 percent of costs related to the state’s vaccination program for a 90-day period. These costs can include:

Equipment and supplies needed for storing, handling and distributing vaccines;

Personal protective equipment (PPE) for staff and patients;

Leasing facilities for storing and administering vaccines;

Additional medical and support staff including facility infection control measures;

Emergency medical care;

Equipment for the safe disposal of medical waste;

Communications to disseminate public information.

“This funding will help the state distribute and administer COVID-19 vaccinations to more Floridians,” said Gracia Szczech, regional administrator for FEMA Region IV. “We have been working closely with our state partners since the onset of the pandemic, and these dollars will assist with their ongoing efforts.”

Grants for emergency protective measures are funded through FEMA’s public assistance program, which reimburses communities for actions taken for response and recovery from a disaster. For COVID-19, FEMA has streamlined the public assistance application and reimbursement process to get funds to applicants faster. Expedited reimbursements help local, state and tribal officials address immediate threats to life, public health and safety.✴

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Christie Shiley

photos provided

Volunteers Needed For Garden Project

submitted by Kerra Cook,
CECI Executive Director

The Children's Education Center of the Islands (CECI) employs many wonderful teachers including Christie Shiley. "Ms. Christie" is originally from New Jersey, but moved to Florida four years ago. She graduated from William Paterson University in 2009 and went on to work with a nonprofit urban farming organization. During her time there, she created several community gardens, taught children about gardening, the environment and healthy eating.

She said, "We must encourage our children to smell the flowers, to taste the



A young gardener at work

rain, to touch the wind, to see things grow, and to hear the birds sing." She has a passion for teaching young learners and believes it is important to cultivate a love for learning in every little one she meets.

Ms. Christie recently received the title of Master Gardener. She has planned and implemented our yearly "Garden Club," which has become a highlight of our afternoon programming.

With Ms. Christie's guidance, the Children's Education Center of the Islands is in need of volunteers for planning and implementing its butterfly and sensory garden. CECI has a circular garden in the center of the entrance that has great potential. We hope to be able to incorporate the interests of our young budding environmentalists with the planting of these gardens.

For more information on volunteering or donating to this project, call 472-4538 or email kerraceci@gmail.com.*

Garden Club Selling Colorful Caladiums

Shell Islands Garden Club is selling a variety of colorful caladiums this spring as a fundraiser to support island and club horticultural activities. The tuberous plants, priced at a discounted four for \$10, may be ordered now for safe delivery pickup around the second week of March.

Caladiums are known for their big, heart-shaped leaves that display amazing color combinations of white, pink, red and green. They thrive in the hot, humid summer climate and will grow well in full to partial shade. Some caladiums have been adapted to grow in sunnier garden spots. These perennials come back year after year with no need to dig them up for winterization. Each tuber has several eyes that produce the colorful leaves.

"Plant them and forget about them," said Patti Poshek, who is co-chairing the fundraiser with Sandra Dalbec. "That is, until you see their spectacular colors exploding in your garden. These caladiums are absolutely gorgeous," Poshek added.

The garden club is offering five individual varieties: Frieda Hemple, Tickle



These caladium varieties are available for sale from the Shell Islands Garden Club

photo provided

Me Pink, Candidum, Sunset Pink and Moonlight. For those who cannot decide, there is a mixed color bag of caladium tubers available. Instructions for planting and care are included with each order.

Shell Islands Garden Club was founded
continued on page 16



The next workshops are scheduled for Thursday, February 9 and Saturday, February 20
photo provided

Coastal Watch Holding Virtual Workshops

Coastal Watch held two virtual workshops in January to introduce its newest conservation initiative, Back to Our Roots, an educational initiative that invites residents to “adopt” their own mangrove.

Workshop participants learned more about the role mangroves play in Southwest Florida’s marine ecosystem including their importance to wildlife and how they aid in storm protection for local coastlines.

Coastal Watch’s Conservation Initiative Coordinator Kealy McNeal also taught participants about the common species of mangroves that on Sanibel, including red mangrove, black mangrove and white mangrove, and discussed their distinguishing characteristics.

“During our workshops, we dove into a little mangrove education so that participants understand the importance of this project,” said McNeal. “Our goal is to create mangrove advocates across our

islands to encourage conservation of these important trees.”

The workshop concluded with information on how participants can engage in the program by adopting their own mangroves to grow at home. McNeal shared several methods to grow mangrove propagules at home and offered tips on how to ensure they thrive.

After the workshop, participants picked up starter kits that included soil, a one-gallon planting pot and a red mangrove propagule. After participants raise their propagules, Coastal Watch will then recollect them to be planted at a local restoration site near Sanibel or Captiva later this year.

With the success of the first two workshops in January, Coastal Watch will be hosting two additional workshops in February for those who would like to join.

The next virtual workshops are scheduled for Thursday, February 9 at 6 p.m. and Saturday, February 20 at 1 p.m. To register, visit <https://sancapcoastalwatch.org/back-to-our-roots>. Registration opened February 1.

For more information about Coastal Watch, visit www.sancapcoastalwatch.org or contact coastalwatch@sanibelseaschool.org.✱

Library System Expands Early Literacy Offerings

The Lee County Library System has enhanced its early literacy services with the redesign and relaunch of the 1,000 Books Before Kindergarten program and the addition of a website section specifically for families with young children.

These efforts come as educators nationwide look for opportunities to reach young children before they enter kindergarten. The additional library services complement the library system’s diverse collection of books and resources for young children while providing support to parents and caregivers as they navigate their child’s first years.

“The 1,000 Books Before Kindergarten program is more than a reading log,” said Amy-Jane McWilliam, youth services coordinator. “As a parent tracks the books they read with their child, they also learn

about the five early literacy practices of reading, writing, singing, playing and talking, and the significance these practices have in their child’s start to school.”

The website for early literacy programs for children up to age 5, is www.leelibrary.net/prek. Parents may also visit any Lee County Library System location. Families with children up to age 5 who have not started kindergarten can participate. The program is flexible and self-paced.

The program provides examples of simple family activities to encourage the development of pre-reading and writing skills. As children progress through the 1,000 Books program, they will receive rewards like stickers, books, musical instruments and bubble wands.

The program can be the beginning of a life-long relationship with the library, said Mindi Simon, library director.

“The library’s long-range plan includes becoming a part of daily life in Lee County,” she said. “This starts by pairing with parents in the early days of their child’s growth and development to create a relationship that will continue through all stages of life.”✱

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Plant Smart

Southern Needleleaf



Southern needleleaf is one of South Florida's most common epiphytes, or air plants
photo by Gerri Reaves

by Gerri Reaves

Southern needleleaf (*Tillandsia setacea*) is a member of the bromeliad family and one of South Florida's more common epiphytes, or air plants.

This slow-growing species is found on trees in South Florida's swamps, cypress forests and hammocks.

It is among the 14 or so native species in the genus *Tillandsia*, six of which are listed as a threatened or endangered in

the state.

Fortunately, southern needleleaf is not listed, and it's also fortunate that it is unlikely to be eaten by the Mexican bromeliad weevil (*Metamasius callizona*) that has devastated many native epiphytes.

Epiphytes use trees, stumps and other rough surfaces as platforms, where they collect water and other nutrients, such as decomposed debris from insects and other organic matter.

Air plants are not parasites and do not harm the platform tree, often a live oak (*Quercus virginiana*) or buttonwood (*Conocarpus erectus*).

Southern needleleaf's leaves live up to its name, forming very thin leaves that resemble silver-scaled pine needles.

The leaves can be as long as a foot and coppery or reddish in color, especially if exposed to intense sun.

At the center of the rosette of leaves is a cup that collects water and nutrients.

Three to 15 purplish flowers bloom in summer on stiff spikes that are not longer than the thin leaves.

Fluffy seeds are dispersed by the wind.

This air plant can be used as an accent plant and is sold in some native plant nurseries. It does prefer some shade.

Never collect specimens from the wild.

Sources: *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, www.regionalconservation.org, www.selby.org, and www.wildsouthflorida.com.

*Plant Smart explores the diverse flora of South Florida.**



Burrowing owls

photo provided

CROW Virtual Presentation On Burrowing Owls

The Clinic for the Rehabilitation of Wildlife (CROW) weekly Virtual Speaker Series presented by LCEC continues on Tuesday, February 9 with Living with Burrowing Owls by Beverly Saltonstall, volunteer for Cape Coral Friends of Wildlife (CCFW).

Cape Coral has the largest population of burrowing owls (*Athene cunicularia floridana*) in Florida, with an estimated 1,000 nesting pairs and upwards of 2,500 burrows within the city limits. While the owls are quite tolerant of humans, their homes are still being threatened. Learn about their habitat and hunting characteristics so you can cohabitate with this remarkable species.

Saltonstall is a 20-year charter member of CCFW, a group of

volunteers who are advocates for the burrowing owls and other wildlife of Cape Coral. She is a retired nurse who became involved with the group shortly after moving to Cape Coral from New Jersey.

Programs begin at 4 p.m. and are approximately one hour in length. The talks will be presented using Zoom and are limited to 100 participants, so advance registration is required. Admission per device is \$10 plus applicable taxes and fees. To register, visit www.crowclinic.org or CROW's Facebook page under the "Events" tab.

CROW's 2021 Virtual Speaker Series presented by LCEC features weekly programs, offered January through April, hosting professionals from across Southwest Florida who engage, educate and entertain participants with information about local conservation initiatives. For a full schedule of presentations and topics in the series, visit www.crowclinic.org.*

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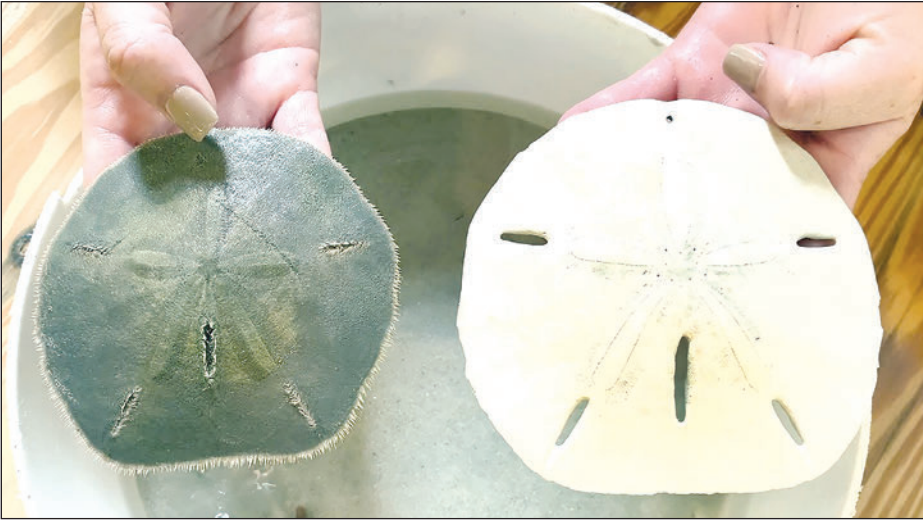
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Sand dollars

photo courtesy Sanibel Sea School

Study Of Sand Dollars During Virtual Shell Show

The Sanibel-Captiva Shell Club is all about conchology – the science and collection of shells. But the club also has a keen interest in water quality and malacology, the science of the live animals that make the shells.

One of these animals will be featured in a video presentation during the free 2021 Virtual Sanibel Shell Show that will premiere on the club's YouTube channel on Friday and Saturday, March 5 and 6 from noon to 3 p.m. This video will be all

about the popular sand dollar and will be narrated by Sanibel Sea School Education Program Manager Shannon Stainken. Sand dollars are one of the most popular types of echinoderms collected on Sanibel when enthusiasts go shelling.

You will learn what sand dollars can do with their feet, what and how they eat, how to tell if they are alive, what color a live sand dollar will turn your fingers, how they got their name and other fun facts. Sand dollars, sea stars, sea urchins and sea cucumbers are very much alike even though they are very different in appearance. Stainken will discuss their surprising similarities.

This is one of 35 original videos that will be featured in the show. Topics

range from creating shell art to tours of a museum collection, a behind the scenes tour of the Bailey-Matthews National Shell Museum's new aquarium, visits to universities studying mollusks and ocean water quality, as well as some DIY projects. The shell club has been working on a fascinating lineup of videos that will

include several on malacological topics such as footage of live mollusks, and a seafloor survey of deep water mollusks such as junonias.

For more information, email shellshow@sanibelshellclub.com or visit www.sanibelshellclub.com/virtual-2021-sanibel-shell-show.✽

Community House Events

There will be an arts and crafts fair this Sunday, February 7 from 9 a.m. to 2 p.m. Select local artists will be selling their handmade items including paintings, pottery, jewelry, clothing and culinary items.

Shell Crafters are on site with their handmade items for sale on Mondays from 10 a.m. to noon. Classes are being offered at 10 a.m. with limited spaces available.

Line Dancing with Maria Di Rosa is offered on Tuesdays at 1 p.m. Cost is \$5 per class.

The Sanibel Party Bridge Club meets on Tuesdays at 1 p.m. All are welcome. Bringing a partner is preferred. Cost is \$5 suggested donation.

Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring your own supplies to paint with fellow artists; no instruction. Cost is \$10 per session.

Sissi Janku teaches painting classes on the first and third Wednesdays of the month, January through March. Cost per class is \$60 for members and \$65 for nonmembers.

Every Thursday at 1 p.m., Tommy Williams leads Living Life Current, an open forum discussion. All are welcome to discuss what is going on locally, nationally and globally. Suggested donation is \$5. Masks and social distancing required.

Chair Stretching/Yoga with Mahnaz Bassiri is offered on Thursdays at 1 p.m. Aerobics with Mahnaz Bassiri is offered on Monday, Wednesday and Friday from 10:30 to 11:30 a.m. Participants can bring their own weights, \$5 suggested donation.

The Sanibel Hearts Club meets every Friday at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. \$5 suggested donation.

Shell Critter Kits are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit, shipping is \$8 additional.

Camp to Go Art Kits are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.✽

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Bad Weather – Great Fishing



by Capt.
Matt Mitchell

Our winter weather has been unpredictable to say the least. Last week, over a five-day period, we had dense fog like pea soup, gale-force wind gusts and even a few extremely cold mornings in the upper 40s. Despite this weather roller coaster, our fishing has remained very consistent. Snook and redfish fishing has been amazing and, earlier in the week, I even located some of the best big sheepshead action so far this winter.

Mangrove creeks in the southern sound gave my clients some wide-open snook fishing. I found these fish early in the week and returned to them during the low incoming tide for days. Several favorite creeks had hundreds of laid up snook of all sizes. All it took was a live well full of shiners, and we kept the rods bent. Most of these snook are between 18 to 24 inches, though most trips we have had a few right around 30 inches. What’s making these snook feed nonstop in cold water... I do not know.

Along with the snook, we are also catching redfish. The better redfish bite has been on the mangroves around the passes. Days of catching a dozen or more ranging from 20 to 30 inches have been pretty common. Live shrimp fished on the bottom has been the bait of choice for these fish. We have also come across good redfish several times this week while targeting sheepshead on docks throughout the sound.

For clients looking for eats, I finally found some larger sheepshead. While riding docks on my tower, I found a series of docks that for no apparent reason had large schools of sheepshead ranging from 14 to 20 inches. While watching these fish rise up and down in the water column, I found that they were still not easy to catch. We would catch a few on each dock before the bite shut down and we had to move to the next dock. Most trips we harvested six or more quality sheepshead.

Operating a boat in the fog is always less than ideal and a white knuckle experience. Not being able to see more than 50 yards really heightens your senses. I choose to stay as far away from the intercostal waterway as I possibly could to avoid any other boats. Using and trusting your navigational electronics is a must, no matter how much it can feel like you are going in circles. Having a few saved tracks you can trust makes things much easier. Sea fog can blow in at almost any time of day and is no fun to navigate through.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✴



Long-time client Kevin Murray got in on the wide open snook bite while fishing with Capt. Matt Mitchell this week photo provided

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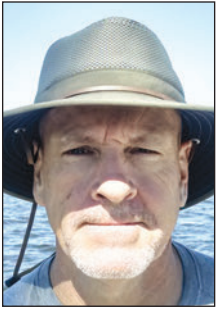
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CROW Case Of The Week:

White Ibis



by Bob Petcher

The white ibis (*Eudocimus albus*) is a long-legged water bird that is almost exclusively white in color save for the reddish pink bill, legs and bare skin around its eyes. It has a long curved

bill and a long neck that it curls when foraging and straightens out in flight.

These wetland birds are found in coastal or inland habitats. They usually forage in shallow areas with less than a foot of water, but you can also find them digging on your lawn or park grasslands.

University of Miami sports fans are familiar with the white ibis. That's because it is the Hurricanes' mascot, which is affectionately called Sebastian the Ibis. Interestingly, university officials reportedly chose the white ibis for its heroic ability to withstand hurricanes.

At CROW, an adult white ibis was brought into CROW from The Sanctuary Golf Club's course on Sanibel after being struck by a golf ball. Upon examination, the ibis was found to have blood in its mouth, esophagus and windpipe. The patient was unable to support its own head, but the ocular exam was surprisingly normal.



Patient #21-110 recovered from a head injury and was successfully returned to where it was found
photo by Becca Wehmeier

"The eyes of a bird take up a large portion of their skull compared to mammals; therefore, if any head trauma occurs, there is often trauma to the eyes so we always do a complete eye exam on trauma cases. This includes looking at the cornea or surface of the eye, as well as the front and back chambers of the eye," said Dr. Robin Bast, CROW staff veterinarian. "This ibis luckily had no abnormalities on its eye exam."

CROW medical staff concluded that the golf ball had done damage to the head, windpipe (trachea) and esophagus. The patient was placed on pain medication, an anti-inflammatory medication, fluid and nutritional support,

according to Dr. Bast. It was closely monitored.

"We typically house them in an oxygen cage and, if they're unable to stand, then we elevate their head up above the rest of their body in an attempt to prevent increased pressure and swelling around the brain," she said.

The ibis was noted to be uncoordinated and slightly neurologically inappropriate, which is consistent with head and spinal trauma from being hit with a golf ball. Over the next several days, the patient improved in supportive care, displaying minor head tremors, better coordination and an appetite coupled with the ability to self-feed. The

water bird was fortunate that the injury was not worse.

"It depends on the severity of the trauma and amount of swelling or bleeding around the brain. Head trauma can be fatal in some cases; in other cases, patients gradually improve over several days to weeks," said Dr. Bast.

The patient was placed in outdoor and indoor supportive care to monitor progress as it was still easily stressed.

"Patients are housed in quiet enclosures with a visual barrier to prevent them from seeing their human caregivers," said Dr. Bast. "We can also give anxiolytic medications orally to help reduce their stress level while inside the hospital."

The white ibis improved from its neurological issues, including the threat of spinal trauma.

"After a couple days, this patient was standing but remained uncoordinated. Over a couple weeks, its neurologic signs gradually resolved" said Dr. Bast. "It was moved to an outdoor enclosure for more mobility – walking, flying."

After 15 days in care at CROW, the patient was successful released into the wild on January 29.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

SOCIAL DISTANCING at Gramma Dot's



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Vehicles have been shined up inside and out for the new year photo provided

Motor Club Cruise-In At Periwinkle Place

San Cap Motor Club will hold its monthly Cruise-in, Cars and Social Distancing this Saturday, February 6 from 9 to 11 a.m. at Periwinkle Place shopping center. Antiques, hot rods and

new models will be on display. There will be complimentary, individually wrapped donuts from Bailey's, as well as complimentary coffee and soft drinks. Masks are required and hand sanitizer will be available. There is no better excuse to get that classic car out of the garage and show it off. No pre-registration is necessary. Membership dues will be collected

and club T-shirts will be distributed to those in attendance. There is plenty of parking in the rear of the shopping center. For more information, call Scot Congress at 472-4177 or email scot@scongress.com.✪

Grants Accepted For Gopher Tortoise Habitat

The Lee Board of County Commissioners has accepted a grant to help improve gopher tortoise habitat and another to educate people about the threatened species. Commissioners voted to: Accept funding from the Florida Fish and Wildlife Conservation Commission (FWC) in the amount of \$6,450 for Telegraph Creek Preserve gopher tortoise habitat improvement. The funding will be used to clear heavy undergrowth on 43 acres, which allows the tortoises to better forage and burrow. Accept funding from the Gopher Tortoise Council, Donna J. Heinrich Environmental Education Grant in the amount of \$1,620 to be used exclusively to create materials that will help educate preserve visitors about gopher tortoises and their habitat at places such as Prairie Pines Preserve, Powell Creek Preserve and Hickey's Creek Mitigation Park. The Environmental Education

Grant was established to support educators and organizations committed to developing educational projects pertaining to the gopher tortoise. The grant is named in honor of Donna J. Heinrich, an environmental educator whose life was dedicated to conserving wildlife and their associated habitats. Providing interpretive signs and educational materials will allow preserve visitors to learn about the variety of commensal species using tortoise burrows, and the importance of upland habitat management and conservation. Lee County staff will partner with students from Florida Gulf Coast University and Dunbar High School art classes for design work. For more preserve information, visit www.conservation2020.org or www.leeparks.org.✪

From page 10

Garden Club

in 1992 to encourage all phases of home gardening, to study the art of flower arranging, to promote better horticultural practices and to help conserve natural resources. Every year, the organization donates the proceeds of its fundraising activities to local nonprofit groups that support the preservation of the island's native vegetation and wildlife habitat. For more information, visit www.sanibelgardenclub.org. To order, call Patti Poshek at 472-8078 or Sandra Dalbec at 472-3366.✪



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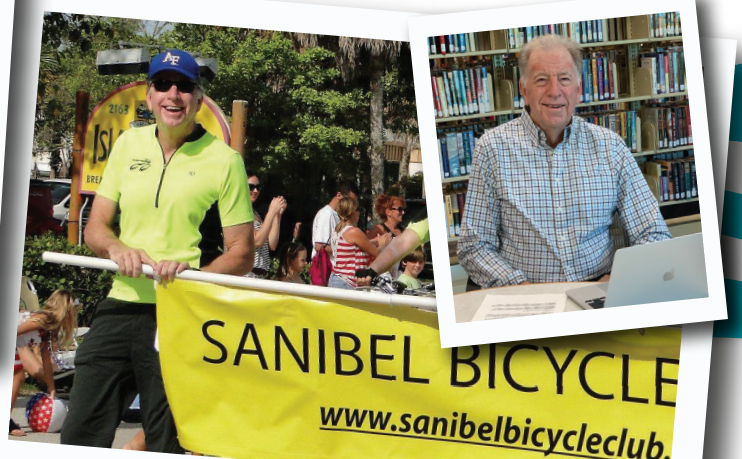
President
Sanibel Bicycle Club

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- ★ Maintain the City's financial strength in light of revenue risks and capital needs
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- ★ Protect our home rule authority

For more info go to: miller4sanibel.com

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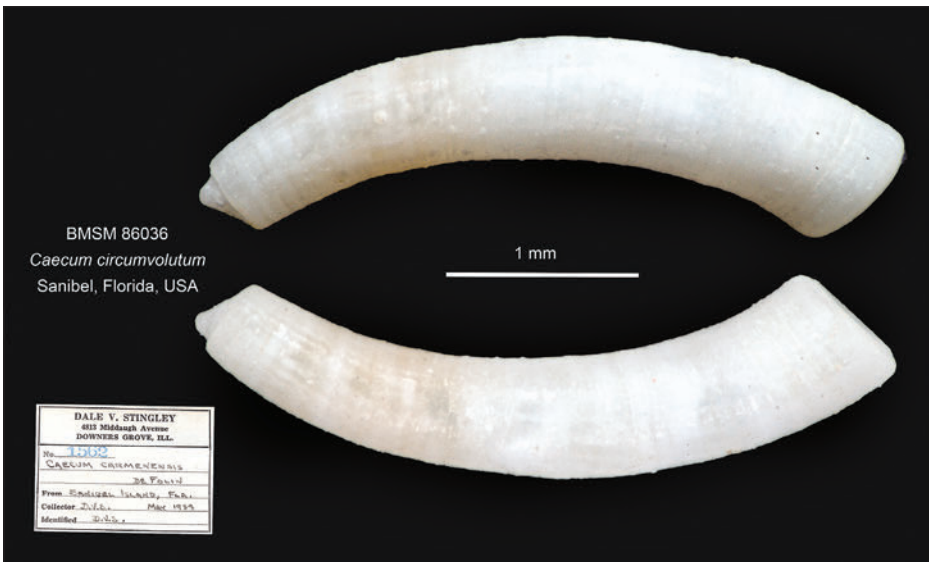
Shell Of The Week

The Vera Cruz Caecum



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Interim Director and Curator

The last of the Caecum series: another neglected local species of the family Caecidae, *Caecum circumvolutum* de Folin, 1867 has a tubular shell that rarely reaches beyond 2 mm (about 0.08 inch). The shell sculpture in this species shows a number of circular, very delicate grooves. The shell “plug” is pointy, asymmetrical. The shell color is white. The shell illustrated was collected by Dale V. Stingley in May 1954, on Sanibel. Read more about mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog. The Bailey-Matthews National Shell Museum is open from 10 a.m. to 5 p.m. daily. Safety measures have been put in place, and staff and visitors are required to wear face masks. Your gift helps ensure that our staff and animals remain healthy. To make a secure donation, visit www.shellmuseum.org. The Bailey-Matthews National Shell Museum is located at 3075



The Vera Cruz Caecum, *Caecum circumvolutum*, from Sanibel photo by Patricia A. Starkey
Sanibel-Captiva Road. For more information, call 395-2233.*

Matlacha Park Fishing Pier Reopened

The fishing pier at Matlacha Park, 4577 Pine Island Road in Matlacha, has re-opened to the public. The pier, originally built more than 50 years ago, has been closed since July 2018 as part of a project to rebuild it. The project included replacing the existing pier

as well as adding benches, garbage cans, lighting, fish-cleaning stations and ADA accessible features. The \$833,805 cost of the replacement was funded largely through tourist development taxes collected on short-term lodging. The Matlacha Fishing Pier is part of a nine-acre Matlacha Community Park located along Matlacha Pass. This body of water is known for catching snook, redfish and other local varieties of fish. For more information about Lee County Parks & Recreation locations, amenities and other special events, visit www.leeparks.org, call 533-7275 or email leeparks@leegov.com.*

American Legion Post 123

American Legion Post 123 is serving barbecued ribs and chicken from noon to 8 p.m. this Sunday, February 7. All are welcome.



On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesdays. Steak sandwiches and cheesesteak are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m. The third Thursday of the month is Open Mic Night from 6 to 9 p.m. The 8-Ball Pool League plays at 5 p.m. on Monday nights. Come out and watch the action. If you have a flag that needs to be retired, you can drop it off at Post 123. American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome. Post 123 is a non-smoking facility with an outside area available for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.*

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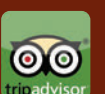
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Cars, Bikes And Pedestrians



by Allison
Havill Todd

In a previous issue, I touched upon some guidelines for safe cycling on Sanibel. In this article, I would like to address some rules and common courtesy we should

all extend to each other on the shared use paths and roadways of our island.

Being a resident of the island, I am an avid cyclist and runner, and also drive a car, so I am empathetic to the frustration that each group has with the other. I will often hear motorists complaining about cyclists being on the road. Cyclists express concern about motorists honking at them or people blocking the paths. Pedestrians are irritated by cyclists passing them without warning on the paths and with vehicles that don't observe a pedestrian's right of way at a crosswalk. These are just a few of the common grievances that many of us share. I propose that instead of complaining, we each consider what we can be doing to be respectful of the others.

What can you do as a motorist to operate your vehicle in a safe and



Be courteous and stop for pedestrians and bicyclists at the crosswalk photo provided

courteous manner? Observe the speed limit! You may need to allow a little extra time to get to your destination. Racing through crosswalks and tailgating other vehicles is dangerous as you never know when you or the car in front of you is going to need to brake for a pedestrian or cyclist.

Come to a complete stop at all stop signs and look both ways before turning. I have had many close calls with drivers taking a right turn who don't completely stop and only look to their left at the oncoming traffic before making their turn. Yield to pedestrians and cyclists at all crosswalks.

Allow a minimum of three feet to pass a road bike. Honking your horn at a road cyclist is dangerous and can startle a rider into having an accident.

The City of Sanibel website (www.mysanibel.com/bicyclesafety) states that "The bicycle is legally defined as a vehicle" and shares the same rights as any other vehicle on the road.

Why do some cyclists ride on the road instead of the shared use paths? Jim Cryder, president of the Sanibel Bicycle Club (www.sanibelbicycleclub.org) explained that "road bikes, as opposed to touring bicycles and hybrid bikes, are designed for riding on the road. With thinner tires and riders averaging speeds from 18 to 20 miles an hour or more, it is simply not safe for the other users of the path or the riders of the road bikes to share the same path, especially during busy season." Under Florida law, it is legal for bicyclists to use the entire road lane and even ride two abreast. However, just because cyclists have the right to use the road does not mean they should act like they own it.

It is preferable and safer for cyclists to ride single file, stay to the right and break up into smaller groups so that cars can pass quickly and safely. As I mentioned in my previous article, they also need to observe the rules of the road. The brochure on the city's website that was created by the Sanibel Police Department, *Ride Safe and Know the Rules of the Road*, is an informative piece that covers all the rules to which a cyclist should adhere. Things such as using proper hand signals when turning, stopping at stop signs and warning others before passing are just a few

points this brochure covers. A reader of the previous article, *Safe Cycling on Sanibel*, requested that cyclists call ahead with a loud, verbal "passing on your left" as some pedestrians who may be hard of hearing don't always hear the chime of a bicycle bell.

Pedestrians also have a responsibility for keeping our shared use paths safe for all. It is understandable that families and friends may want to walk side by side in large groups, but please remember that this is a shared path, stay on the right side of the path and avoid walking more than two abreast. Keep your dog on a short leash and close to your side so that others can pass safely in both directions. Parents can help by keeping strollers and small children on the right side of the path. If you are stopping for any reason, get off to the side and keep the path clear for others.

If we all follow the rules, remain aware of our surroundings and practice common sense and courtesy to others, we can enjoy a safe and fun time in our tropical paradise.

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she's not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on [@thedoggiemom](https://www.instagram.com/thedoggiemom) and [facebook.com/thedoggiemom](https://www.facebook.com/thedoggiemom).✧

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Symphony Brave New Chamber Music Concerts

The Southwest Florida Symphony continues its revamped 2020-21 season with Brave New Chamber Music Concerts in various locations throughout Southwest Florida from Thursday through Sunday, February 18 through 21.

These concerts are uniquely designed programs that sprung from orchestras' needs to change how they deliver live music during the pandemic. The Southwest Florida Symphony developed Brave New Chamber Music through shared creativity with and the ingenuity of Andrew Lipke – February's guest artist, guitarist, singer, composer and narrator. The pared-down fusion concerts are similar to the symphony's successful Mashupalooza performance featuring Maestro Steve Hackman in February 2020. The concerts are no more than 75 minutes long, with no intermission in order to provide the safest environment possible while still honoring the mission of performing orchestral music for the benefit of the public.

The music features Lipke with a Southwest Florida Symphony string quartet and consists of pieces by Beethoven, Mozart, Bartok and Haydn blended with tunes by The Beatles, The Velvet Underground, Bob Dylan and The Rolling Stones.



Andrew Lipke

photo provided

"I am so grateful that the Southwest Florida Symphony found a way to bring live orchestral music to the public right now and that I get to be involved," said Lipke. "There's nothing like the string quartet in all of music... it's not just an ensemble, but a musical form; it's a veritable proving ground for almost all the great composers; it's the epitome of individuality seamlessly combined into a unified whole, and it's been an integral part of the musical output of artists as diverse as Mozart and The Rolling Stones."

Brave New Chamber Music dates and venues are as follows:

Thursday, February 18 – Gulf Theater, Punta Gorda

Friday, February 19 – The Sidney & Berne Davis Art Center, Fort Myers

Saturday, February 20 – The Southwest Florida Symphony's Artistic & Operations Center at Bell Tower, Fort Myers

Sunday, February 21 – The Community House, Sanibel

Tickets may be purchased by calling 418-1500, visiting www.swflso.org or at the box office, located at 7500 College Parkway, Suite 200, in Fort Myers. ✨

Bat Yam Temple Hears About Climate Change

submitted by Francesca Block

Lenny Hochschild, a founding partner at Environmental Commodity Partners (ECP) and a renowned expert in the environmental commodities field, remembers waking up in his San Francisco home last year and realizing, "the sun didn't come up." A thick layer of fog, fueled by the raging wildfires that devastated the entire western seaboard, engulfed the sky. The smoke was so severe that throughout the entire day, the only sign of the sun was an eerie, fiery orange glow.

It was as if the hypotheticals he dealt with at work, and the future problems that he tirelessly worked to avoid, were staring him in the face. "That was the

first time that I, as somebody who works in this industry, was truly alarmed," Hochschild said. "Not only for myself and my immediate family, but certainly for my kids."

In January, Hochschild shared his expertise on climate change to congregants at Bat Yam Temple of the Islands – an organization where his parents, Tanya and Michael Hochschild, are members – as a part of its Adult Learning Seminar Series.

In his talk, Hochschild detailed the harrowing truths the world is facing today: the rising temperatures and warming oceans, the 19-billion-ton increase of greenhouse gas emissions per year, and the erratic natural disasters cropping up over the world, from uncontrollable wildfires to intensifying hurricanes.

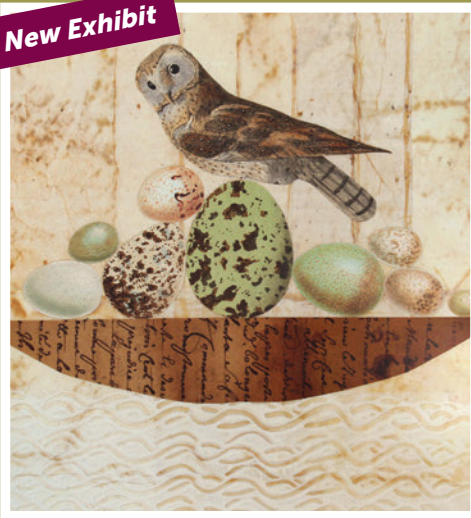
"This is the issue of our day," Hochschild said.

Vickie Fuchs, chair of the adult education committee at Bat Yam, spoke in an interview to the importance of educating the public on the issue of climate change. "We only have one earth" she said, "and if we were to keep going at the pace we are going, we would destroy the earth."

But Hochschild facilitated more than just a conversation about the problems the climate faces today. He also detailed how the Torah calls upon the Jewish people to protect the earth, and then he explained the necessary paths that Fortune 500 companies and global leaders are taking in order to save the planet.

Fuchs recounts that despite the harsh continued on page 28

New Exhibit



DIANA STETSON – In Love with This Earth series: beautifully rendered paintings and small lithograph collages.



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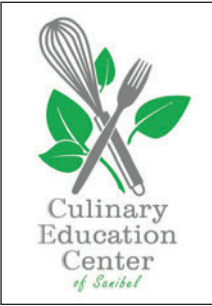


CAROLINE DOUGLAS – "Spirit Travelers", 10"x7" and "Happy Hour Boats", 4"x6-12". Uplifting, detailed ceramic sculptures.



The Community House

The Cherry



by Resident Chef Jarred Harris

The cherry is the fruit of the cherry tree and a member of the Rosacea family. This means that cherries are related to roses, almonds, peaches, plums and apricots. They are small, round, fleshy and contain a hard seed inside. The word cherry comes from the French word cerise, which comes from the Latin words cerasum and cerasus. There are two main types of cherries produced in the United States: wild or “sweet” cherries and tart or “sour” cherries. Sweet cherry varieties include Bing cherries and Rainier cherries. These varieties are usually available from May through August. Tart or sour cherry varieties include North Star and Montmorency, and are available June through September. Cherries have been around since 600 BC. The Romans discovered the fruit in Asia Minor or Turkey around 70 BC.

They introduced cherries to Britain in the first century AD and the English colonists brought cherries to North America in the 1600s. Cherries have always been prized as a delicious food source, but during the 15th and 16th centuries, they were used for their medicinal purposes. Tart cherries are one of the few foods that contains melatonin, a hormone that helps control your sleep-wake cycles. Cherries also contain vitamins A and C, dietary fiber and potassium. Cherries are an awesome source of antioxidants and anti-inflammatory compounds. These compounds slow down the aging process and protect the body from illnesses such as heart disease, cancer, Alzheimer’s, diabetes, and even obesity. Here is a simple recipe to try:

Cranberry Orange and Cherry Sauce

Ingredients

- 1 (12-ounce) bag frozen cranberries
- 1 cup dried cherries
- 1 cup sugar
- Zest and juice of 2 oranges
- ½ cup orange juice
- 1 whole star anise
- 1 cinnamon stick
- 3 whole cloves

Method

Combine all the ingredients together in a medium-sized saucepan. Bring to a boil. Reduce heat to low and simmer, stirring occasionally until the cranberries are all popped (about 15 minutes). Remove from heat and let cool

to room temperature. Discard star anise, cinnamon stick and whole cloves, and refrigerate. This sauce is excellent with turkey, pork, chicken and duck. Resident Chef Jarred Harris heads

the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.✪



From left, Wendy Lambrix, Duane Shaffer and Cathy Cameron with book sale bags photo provided

Book Sale Begins Monday At Sanibel Library

Sanibel Public Library is open to the public and also offering its popular contactless curbside service. To use the service, place items on hold online at www.sanlib.org, or make requests by

calling 472-2483. You will be notified when your items are ready for pickup. The Fill-A-Bag for A Dollar book sale starts Monday, February 8 and will continue until inventory is depleted. The books will be restocked daily and can be found in the downstairs meeting room near the main entrance lobby. Proceeds from the sale go toward the Sanibel Public Library Foundation, which helps continued on page 29

MARGARITA MADNESS

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Shells Found



Kieran and Neven Connor photo provided

Kieran and Neven Connor had a successful week beachcombing on Sanibel recently. They both found several Florida cones and alphabet cones over a span of four days.*

Shells Found



Evelyn Gaffney photo provided

Evelyn Gaffney, 8, from Orinda, California found an alphabet cone and apple murex on the beach in front of Colony Inn on Sanibel. She was searching at low tide.

Evelyn was staying with her grandparents, John and Jane Henshaw.*

Shell Found



Desi Sensel-Dewhurst photo provided

On January 24, 6-year-old Desi Sensel-Dewhurst of Brooklyn, New York found an excellent alphabet cone on the beach near the Atrium Condominium.

Desi was trying to help her grandfather find a junonia. He has been looking for 40 years.*

Florida Friendly Landscaping Workshops

UF/IFAS Extension is offering an online workshop to learn the nine principles that guide friendly landscaping in Lee County.

Each principle is covered in class, so you can apply what you learn to your own garden. Plant selection and placement, efficient irrigation and proper mulching will be discussed. Learn how reducing the use of fertilizers and pesticides will help minimize impacts to waterways.

Register for the following free online Florida Friendly Landscaping (FFL) classes at www.fflwinter2021.eventbrite.com.

Friday, February 19, 3 to 5 p.m. (Spanish only)

Wednesday, February 24, 1 to 3 p.m.

Saturday, March 20, 10 a.m. to noon

Thursday, April 15, 1 to 3 p.m.

For more information about the Florida Yards and Neighborhoods program, call 533-7513 or email fyn@leegov.com.*

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Beer and Citrus Honey Punch

photo courtesy Fresh From Florida

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BIG ARTS Corner

Workshops
And Seminars

BIG ARTS is offering the following workshops and seminars:

Basket Class: Un-Basket with Gisela Damandl – Thursday and Friday, February 18 and 19, 9 a.m. to 4 p.m. Member \$121; nonmember \$151.

Opera, DVD and Discussion (Giovanni Pergolesi, *La Serva Padrona*) with Thomas Cimarusti – Friday, February 19, 1 to 3 p.m. Member \$40; nonmember \$50.

Art Evening: Dirty Pour with Jenny Licht – Thursday, February 25, 6 to 9 p.m. Member \$99; nonmember \$124.

Adobe Photoshop (Intermediate/Advanced) with Denny Souers – Mondays, March 1 to 22, 1 to 4 p.m. Member \$80; nonmember \$100.

Watercolors, Beginners with Sunny Krchmar – Fridays, March 5 to 26, 9 a.m. to noon. Member \$156; nonmember \$195.

Watercolors, Intermediate with Sunny Krchmar – Fridays, March 5 to 26, 1 to 4 p.m. Member \$156; nonmember \$195.

Glass Fusing with Petra Kaiser – Wednesdays, March 3 to 24, 9:30 a.m. to 12:30 p.m. Member \$99; nonmember \$124.

Three Trials that Changed America with James Rudin – Wednesdays, March 3 to 7, 9:30 to 11 a.m., Member \$80; nonmember \$100.

Glass Fusing with Petra Kaiser – Thursdays, March 4 to 25, 9:30 a.m. to 12:30 p.m. Member \$99; nonmember \$124.

Art Evening with Jenny Licht: Paint Your Pet on Canvas – Thursday, March 4, 6 to 9 p.m. Member \$70; nonmember \$88.

Photography, Advanced with Denny Souers – Thursdays, March 4 to 25: first class 9 a.m. to noon; classes 2, 3 and 4, 7 a.m. to noon. Member \$111; nonmember \$139.

Life Drawing – Open Studio Non-Instructed with Carol Rosenberg – Fridays, March 5 to 26, 9:30 a.m. to noon. Member \$69; nonmember \$86.

Alcohol Inks with Ann Dempsey – Saturday, March 6, 9:30 a.m. to 4 p.m. Member \$60; nonmember \$75.

Art Evening with Jenny Licht: Lanai Fish on Palm Frond – Thursday, March 11, 6 to 9 p.m. Member \$72; nonmember \$90.

Palette Knife Painting in Oil from Landscape Photography with Jan

Atkielski – Friday and Saturday, March 12 and 13, 9 a.m. to 3:30 p.m. Member \$160; nonmember \$200.

Music and Film: Amadeus Mozart with Thomas Cimarusti – Tuesday, March 16, 9:30 to 11:30 a.m. Member \$40; nonmember \$50.

“Are You Stuck?” Open Paint & Critique with Jan Atkielski – Friday, March 19, 9 a.m. to 3:30 p.m. Member \$79; nonmember \$99.

Opera, DVD and Discussion: Giacomo Puccini, *Gianni Schicchi* with Thomas Cimarusti – Friday March 19, 1 to 3 p.m. Member \$40; nonmember \$50.

Drawing Basics with Douglas David – Saturday, March 20, 9:30 a.m. to 3:30 p.m. Member \$125; nonmember \$156.

Paint Seascapes in Oil with Douglas David – Monday and Tuesday, March 22 and 23, from 9:30 a.m. to 3:30 p.m. Member \$250; nonmember \$313.

10...10...10 & You: 2-day Abstract Painting Workshop with Genie Kell, Friday and Saturday, March 26 and 27, 9 a.m. to 4 p.m. Member \$239; nonmember \$299.

Music and Film: Immortal Beloved (Beethoven) with Thomas Cimarusti – Tuesday, March 30, 9:30 to 11:30 a.m. Member \$40; nonmember \$50.

BIG ARTS staff is following CDC recommendations in best practices safety standards. All students and instructors must wear a mask and social distance. Class seating is carefully spaced. Signage and procedures are posted in the facility. All rooms are sanitized between classes and class sizes are limited.

Pre-registration is required for all classes and workshops. For more information, call the box office at 395-0900, open 9 a.m. to 3 p.m., or stop by BIG ARTS, located at 900 Dunlop Road on Sanibel. For complete course descriptions, workshop and class schedules, visit www.bigarts.org or email info@bigarts.org.

Top 10 Books
On The Island

1. *Anxious People* Fredrick Backman
 2. *The Mystery of Mrs. Christie* by Marie Benedict
 3. *Tropic of Stupid* by Tim Dorsey
 4. *Tinder Fella* by Jennifer Schiff
 5. *The Children's Blizzard* by Melanie Benjamin
 6. *Keep Sharp* by Sanjay Gupta, MD
 7. *The Ninth House* by Leah Bardugo
 8. *The Dutch House* by Ann Patchett
 9. *The Midnight Library* by Matt Haig
 10. *Just As I Am* by Cicely Tyson
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Blue Giraffe Opens Second Location

by Kathy Kurtz Ferrari

Blue Giraffe, one of Sanibel's longtime restaurants located at Periwinkle Place, has recently opened a second location, at Beachview Estates next to Sanibel Island Golf Club. Blue Giraffe at Beachview Estates serves lunch and dinner every day from 11 a.m. to 8 p.m., with brunch on the weekends from 11 a.m. to 3 p.m. Take out service is also available.

Having a proven track record with the original location, owners Bill and Lise Letendre have a commitment and understanding of the islands. Living in the Beachview Estates community themselves, the restaurateurs recognized a unique opportunity when the previous restaurant Malia vacated the space.

"The Periwinkle Place location hasn't gone anywhere. It's doing great and it's still there," said Blue Giraffe Clubhouse and Media Relations Manager Brad MacKenzie. "This was born of the idea to be part of the community, both of Beachview and of the island."

The new restaurant is fully open to the public and offers some delectable dishes in a comfortable setting. Although it has no affiliation with the golf club, its location makes it the



Manager Brad MacKenzie
photo by Kathy Kurtz Ferrari

perfect spot for dining after a round of golf. (Or during, as golfers can call in an order from the course and pick it up on the turn.)

The restaurant's newly renovated interior is bright and spacious, with high, beamed ceilings and other attractive accents.

There's a roomy, full sports bar with about a dozen seats. Customers can dine there or at one of the many socially-distanced tables.

The pet-friendly outdoor patio seating area is especially pleasant on a nice day. It currently features seating



Blue Giraffe at Beachview Estates offers pleasant outdoor seating on its patio
photo provided

for 36, which will be expanded as pandemic restrictions are lifted.

Blue Giraffe at Beachview Estates has a similar menu to the original location. Chef Flavia Letendre, who worked with her husband and chef Geoffrey Letendre at the Periwinkle location, continues to focus on island-inspired dishes. There are some fun new options, especially on the lunch menu. And on the weekends, some fabulous choices like Belgian waffles topped with boneless fried chicken are offered for brunch. Try that with a bottomless mimosa or Bloody Mary to

spice up your Saturday or Sunday. Prices are reasonable. For example, lunch choices average about \$14. The dinner menu ranges from fish and chips for \$17, while an 8-ounce filet of beef with a loaded baked potato and prosciutto-wrapped asparagus is \$36. Some of MacKenzie's favorites include the Crab Cake Benedict for brunch, and the Southwest Salad for lunch, featuring black beans, roasted corn, guacamole and other Tex-Mex ingredients. On my recent visit, I particularly enjoyed a crispy fried coconut shrimp



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There is plenty of socially distanced indoor and outdoor seating, as well as a fun sports bar photo by Kathy Kurtz Ferrari

appetizer called Loco Coco Shrimp, and a spicy bean, cheese and sausage soup of the day.

Like its original location, walls are decorated with giraffe-themed artwork. The restaurant will also be partnering with local artists from the Sanibel Captiva Art League for monthly art exhibits beginning in February.

During the season, there's live music on Friday and Saturday nights from 5 to 9 p.m. Guitarist Peter Redpath also performs every Wednesday night in February.

And as an innovative touch for island

dining, Blue Giraffe's second location is offering a limited number of dinner club memberships. It's a unique opportunity for customers to dine, enjoy a members-only clubhouse and take advantage of other benefits.

For an annual fee of \$1,995 for couples or \$1,195 for a single, members will receive 12 four-course dinners per person including a glass of beer or wine, exclusive use of the members' clubhouse, priority reservations and other perks. The clubhouse, separated from the main dining area by impressive barn doors, features



The menu includes delicious choices like soups and Loco Coco Shrimp appetizer photo by Kathy Kurtz Ferrari

a pool table, game and card tables, shuffleboard table and an 85-inch big screen TV, which can be enjoyed while seated in massage recliners. It's the perfect place to watch a big game with friends.

While the club membership is attractive to those who live within the Beachview Estates community, most of the members live outside the neighborhood, according to MacKenzie.

"Some people join just to meet people," MacKenzie added.

Blue Giraffe at Beachview Estates is located at 1100 Par

View Drive. Call 558-5634 or visit www.bluegirafferestaurant.com for reservations, take out or clubhouse membership information.

"We are brave to start a new restaurant in the middle of a pandemic," admitted MacKenzie. "But we do have a loyal following from years of running a successful Blue Giraffe at Periwinkle (Place), and a lot of new support from people who have tried this new place for the first time.

"The food here is great. That's undeniable." ❄️

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Book Review

All The Devils Are Here



by Di Saggau

Louise Penny's novel *All the Devils are Here* involves Chief Inspector Armand Gamache investigating a sinister plot in the City of Light. On their first night in Paris, the Gamaches gather as a family for a bistro dinner with Armand's godfather, the billionaire Stephen Horowitz. Gamache and his wife, Reine-Marie, are in Paris to attend the birth of their fourth grandchild. Walking home together after the meal, they watch in horror as Stephen is knocked down and critically injured. Gamache knows it's no accident.

The inspector can't understand why the kind and generous old billionaire would be the target of a murderer. What could he have done? To answer that question, Gamache undertakes a dizzying investigation that takes him all over the city, from the top of the Eiffel Tower to the bowels of the national archives, from luxury hotels to odd, coded, works of art. When a strange key is found in Stephen's possession, the investigation sends them deep into the secrets Armand's godfather has kept for decades.

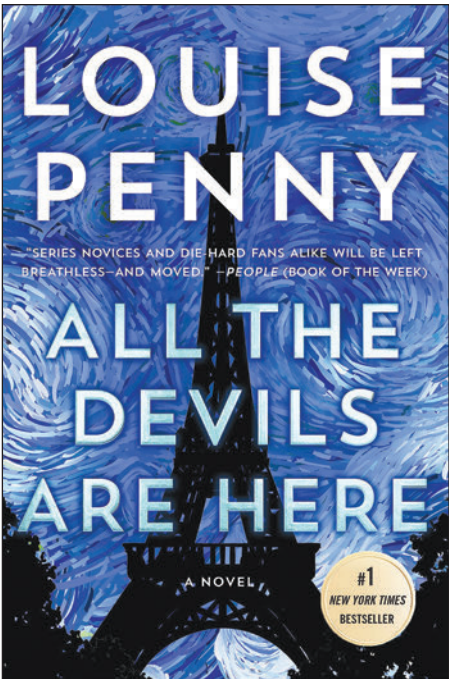


image provided

A gruesome discovery in Stephen's Paris apartment makes it clear the secrets are more rancid and the danger far greater than they realized. The place has been ransacked, and there's a dead body behind the sofa. Soon the entire family is involved in the investigation.

While Penny touches on a wide range of subjects in this expansive story, her main concern is with the sacrifices we make for those we love. Even the loving relationship between Gamache and his son, Daniel, is challenged. If you are new

to Penny's world, *All the Devils are Here* would be a great place to begin. Then you can go back and start the series from the beginning.✧

School Smart



by Shelley M. Greggs, NCSF

Dear Shelley, I'm having difficulty talking with my teenage children. It seems like everything I say to them is met with an eye roll or a flat-out refusal to talk. I want to keep our communication open and useful. I'm so frustrated. What can I do?

Samantha, Communication with our teenage children is often very difficult, you are not alone. Teenagers are in a tough place dealing with so many changes physically, emotionally and socially and can only handle so much at any given time and particularly afterschool when they are tired. It will take some reflection and more patience on your part, but with a few changes in your communication style, you will be able to improve the mother-teen communication channel.

Here are a few ideas to help keep communication with your teen positive and open.

First, decide when to talk to your teen. Think about what time of day you've had your better conversations and plan to chat at that time, not one where your teen is exhausted, needing to study or just wanting to relax.

Make it a short conversation and don't overload your teen with multiple requests or questions. Remember it's a two-way conversation. Use open-ended questions and give your teen time to think and respond. Don't fill the space with your chatter, just listen without judging.

Give your teen more than one opportunity to discuss an important topic with you. You can tell your teen that the topic is something you believe important and needs to be discussed. If they aren't open to talk at the time you choose, ask them to suggest a time. If it's important don't give up – just reschedule.

Tone of voice is crucial in any

conversation and particularly with teens. Recent research has found that "the tone of voice used by mothers can impact significantly on teenagers' emotional, relational and behavioral intention responses." Teenagers are less likely to cooperate and put effort into their mother's requests when they are said in a controlling tone of voice, researchers have found, and far more likely to respond positively when the tone of voice is supportive and encouraging.

Lead author of the study Dr. Netta Weinstein, from Cardiff University, said: "If parents want conversations with their teens to have the most benefit, it's important to remember to use supportive tones of voice. It's easy for parents to forget, especially if they are feeling stressed, tired, or pressured themselves."

"The study showed that subjects were much more likely to engage with instructions that conveyed a sense of encouragement and support for self-expression and choice."

These are just a few suggestions that are easy to implement and could produce dramatic results in conversations with your teen. Change won't be immediate but will evolve as your teen discovers that talking to mom (or dad) really isn't that awful. Teens need their parents' caring supports to feel secure as they go through the process of becoming an independent person.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✧

From page 21
Bat Yam

reality of the climate crisis today, "I left the talk feeling positive because there are so many countries, cities and states who are now very serious about decreasing carbon emissions. And people are working really hard."

To watch Hochschild's full presentation, entitled *The Economics of Climate Change and Its Importance to Judaism*, go to: <https://youtu.be/4mq0WnbbegQ>.✧

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BIG ARTS Monday Night Film Series

Invisible Life

by Di Saggau

The BIG ARTS Monday Night Movie for February 8 is *Invisible Life*. The film, set in 1950s Rio de Janeiro, revolves around two sisters, living restricted lives with their conservative parents. Each has a passionate dream: Euridice wants to be a renowned pianist; Guida dreams of finding love. They carve out a joint sanctuary for themselves in a home that has patience for neither the sexually liberated Guida's secret romances nor Euridice's ahead-of-her-time aspirations to become a concert pianist.

During a dramatic turn of events involving a terrible lie and a conservative society, they are separated and forced to live apart. They make their way through life believing the other sister is living out her dreams.

With a graceful handle on the passage of time and laced with yearning, resilience and occasional cadences of Bach tunes, *Invisible Life* is a sharp critique of societies that put power-tripping men in positions of authority and imprison women in their shadow. It also serves as a hopeful celebration of female camaraderie and strength.

The film runs 141 minutes and will be shown at 7 p.m. in Christensen Performance Hall. Tickets are \$10 and can be purchased online or at the box office. There will be no discussion following the film.

BIG ARTS is practicing the highest standards of safety. Visitors are required to wear masks and are asked to be



image provided

mindful of social distancing. Only 50 percent of the seats in Christensen Performance Hall are being sold. Until further notice, only 200 seats will be available for any event in the hall and a maximum of 30 people will be allowed in the gallery at any given time. The air filtration system has been enhanced, all surfaces are wiped down between use, a professional sanitizing fogger is being used after each gathering and there are hand sanitizing stations throughout the ground floor.

BIG ARTS is located at 900 Dunlop Road on Sanibel. For more information, call 395-0900 or visit www.bigarts.org.

From page 22

Library

support library programs.

The foundation supports programs such as the Children's Summer Reading Program, Author Series and technology services like the eShelf. Leveraging public tax dollar investment, the foundation helps the Sanibel Public Library provide dynamic and engaging initiatives to enhance the library experience.

Locals and visitors are welcome to virtually attend WWII History programs with Duane E. Shaffer of Sanibel Public Library. No in-person programs will be presented. Shaffer will present programs via Zoom. Go to the homepage at www.sanlib.org and click on the link to login a few minutes before 10 a.m. on Friday, February 12 to watch 1943 Operation Vengeance online. No registration required to log in. Shaffer's January 13 Operation Chastise virtual program can be watched online; the link is on the library's homepage. Shaffer's WWII model airplanes are on display in the library in February.

Due to the COVID-19 pandemic, some changes to collections and services are in place. In keeping staff and users safe, the following procedures are being practiced:

Proper Personal Protective Equipment (PPE) such as masks, hand washing, hand sanitizer and gloves, when appropriate, are used by all staff.

Following City of Sanibel guidelines,

the library requires that everyone in the building wear masks and follow social distancing practices.

Youth Services Librarian Deanna Evans, posts online storytimes each week. Her videos can be found on the Children's Page at www.sanlib.org/children. Library cardholders can stream or download eBooks, movies, music, newspapers and magazines through eShelf. Computers, printers, scanners and fax machines are available and are sanitized between each customer use.

WiFi is available throughout the building. Mobile WiFi hotspots are available for checkout.

Many eBooks and several new apps have been added in the past year, including online access to newspapers from around the world.

As another safety precaution, the library is quarantining all materials between loans to stop the spread of COVID-19. The items sit for 24 to 72 hours depending on format (print, acrylic, plastic, etc.). During this time, library materials may appear as overdue on your account. Do not renew the item if you have returned it. Contact the library at 472-2483 or notices@sanlib.org if you have any questions.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483 or visit www.sanlib.org.

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Highlights From CHR Give Back Wednesday At Cielo



From left, George and Lynne Campean with Marian Denk and PJ Hall photos provided



From left, Judy and Ray McCormack, Mary Jo Boler, Marcus Preece, Jill and Dan McCormack, and Lena Brown



Doug Souwers and Elaine Adler



From left, Franz Hoge, Chris Senk and Margaret Hoge



Doug and Sherry Gentry



From left, John and Jane Henshaw with Sandy and Roger Grogman



From left, Kathy Balabanick, Kim Munger, Ann-Marie Wildman, Terri Dare and Karen King



Greg and Diane Cortese



Stephen and Jeannie Cooke



Scott McDonald



From left, Alan and Barbara Martin with Jayne Lumley



Scott and Arlene Mowry

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So eat, shop and play at these businesses on Wednesdays to support CHR.

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#GBW
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APR 7	APR 14	APR 21	APR 28
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Zonta Planning Repurposed Peek At The Unique

submitted by Sue Denham

As hundreds in Southwest Florida known as “Peekers” are aware, the Zonta Club of Sanibel-Captiva is renowned for its annual home tour, Peek at the Unique. A celebrated day out each March, the event raises essential funds to support area nonprofits. Since 2002, the Peek has brought in more money every year, allowing Zonta to distribute, through its foundation, over \$1 million in grants to local organizations whose work seeks to empower women and girls.

Last March, due to uncertainty about the coronavirus – which quickly became a pandemic – Zonta was obliged to cancel the 19th annual Peek at the Unique just days before it was to take place. Though disappointed, generous sponsors and ticket-buyers allowed Zonta to keep their



Zontian and bus guide Karen Pati, center, with guests on the 2019 Peek at the Unique photo provided

donations, ensuring that there would be funds for grant awards this January, and these awards were completed on January 20.

Meanwhile, how to keep alive Zonta’s

important work for 2021? With CDC recommendations sidelining the traditional guided tour, which offered luxury buses conveying guests to four distinct island homes, a team has created Peek

Repurposed.

“We remain hopeful that Zonta will return to the traditional guided tour for 2022,” said fundraising co-chair Judy Langley. “Until then, we want to ensure that we keep Peek interest alive and provide a unique experience that will offer islanders and visitors the opportunity to support Zonta’s work.”

Peek Repurposed begins Monday, March 1 with a virtual auction of up to 45 re-imagined furniture items and art works from local artists. A complete catalog will be available online. The auction will run through Wednesday, March 10: bid online, pay for your purchases online and pick up the items at The Community House on Saturday, March 13 (traditional Peek day). Also on that day, Zonta will host the first-ever Jewelry and Antiques Appraisals at the Blue Giraffe at Sanibel Island Golf Club. For your donation of \$100, receive an in-person, 15-minute session with either a gem/jewelry expert from Congress Jewelers or a professional antiques appraiser, covering up to three

continued on page 18B



Mary Bondurant



Dr. Scott Crater



Tim Drobnik



John Henshaw



Jason Maughan



Mike Miller

Candidates Speak Out On Home Rule

by Wendy McMullen

This week’s question to the six candidates for city council concerned Home Rule and measures that the city can take to prevent the State of Florida and the Lee County Commission from overruling Sanibel City Council decisions and established ordinances.

One such preemption to be discussed in the state legislature concerns vacation rentals. This legislation, if approved, could prevent Sanibel from regulating rentals in the city.

The City of Sanibel has contracts with a Tallahassee-based lobbying firm to advocate for Sanibel. It also has a contract

with DeLisi Inc. to lobby for water projects. Various city council members also maintain contact with county and state legislators to advocate for Sanibel.

The *Island Sun* will be posing one question to each of the candidates for the next three weeks. You can read the candidates’ responses to this week’s question on page 12B.✱

Challenges To Women Topic For The FORUM

by Di Saggau

The BIG ARTS FORUM Speaker Series will feature Dr. Arin Reeves on Sunday, February 14 at 7:30 p.m. in Christensen Performance Hall. Her topic will be Challenges to Women Leading in America. A prominent researcher, author and advisor in the fields of leadership and inclusion, Dr. Reeves is the best-selling author of *The Next IQ* and *One Size Never Fits All*. She led comprehensive research projects on leadership and inclusion in topics including gender equity, cultural integration and implicit bias.

Here’s what she said she would address in her talk:

“Leaders who want to change the way things have been, have their eyes on the past. They want to change what we did because it didn’t work. They focus on change to fix what went wrong.

“Leaders who transform the way things are, have their eyes on the future. They want to transform what is, to the best of what it can be for everyone. Transformational leaders learn from the past, but they look beyond just fixing what’s broken to create a new reality



Dr. Arin Reeves

photo provided

that is a better reflection of our collective potential.

“Transformational leaders approach the concepts of diversity, equity and inclusion from the perspective of creating a future that is more inclusive of different perspectives. Whether they are working through racial/ethnic, gender, sexual orientation, generational, or a myriad of other differences, transformational leaders begin with a collective vision of what is

continued on page 8B



From left, Jeff Muddell, Merni Libonate, Pam Rosen, Al Haner, Robin L. Cook, Lisa Riordan and Rob Lisenbee photo provided

New Sponsor For Wine And Food Tasting Series

The Sanibel Captiva Trust Company is a new sponsor this year for the Captiva Civic Association's (CCA) seasonal program, Perfectly Paired educational wine and food tasting series. Al Haner, founder and chairman of The Sanibel Captiva Trust Company said, "We were so impressed with the idea

of the wine and food pairings – a very clever idea during unusual times. We are honored to partner with the Captiva Civic Association that does so much for the islands." Merni Libonate, president of CCA said, "We are very pleased to have the trust company's support. They've made the wine pairings program possible and so many of our members are enjoying the experience." The classes began mid-January and go through mid-February for four weeks. Chef Karl Hamme of Bailey's Catering Company features a select theme for

each tasting, creating appetizers that align with the wine choices of class instructor and sommelier Tyler Haas of Johnson Wines. Attendees have been able to sign

up for all four classes at one time or can select what works best for their schedules. For more information, visit www.ccacaptiva.org.

National Commander To Visit Post 123

American Legion National Commander James W. "Bill" Oxford will pay a visit to American Legion Post 123 on Monday, February 8 from 3 to 4 p.m. Oxford is the head of the largest veterans organization. He is visiting posts around Southwest Florida. The Sanibel-Captiva American Legion Post 123 membership looks forward to the hearing his views on veterans' service to the country, the work the American Legion is doing, and his vision for the future. All veterans and members of the American Legion, Sons of the American Legion and auxiliary are welcome. Attendance will be based upon following strict COVID-19 guidelines, with masks and social distancing. Oxford is a veteran retiring after 34 years of service to his country as a U.S. Marine, National Guardsman and Army Reservist. He has served at every level of the American Legion. A former mayor and city councilmember of Cahah's Mountain, North Carolina, he has worked since he was a high school student, with most of his career choices being in the maintenance and



James W. Oxford photo provided
engineering field. He earned a bachelor's degree in environmental studies and multiple safety and environmental certificates. American Legion Post 123 is located at mile marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.

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JOHN HENSHAW

for City Council

SANIBEL

"John Henshaw is running for city council... he's kind, a super hard worker, incredibly bright and not running for his ego, but because he wants to serve. He's got my vote. He is: Committed to and believes in the Comprehensive Land Use Plan - the Sanibel Plan and the principles behind it. Committed to making a difference - preserving our sanctuary island. Have the education and experience to tackle the issues threatening Sanibel and finding solutions to improve our community."

CLAIR BECKMANN



"I believe John Henshaw is the most qualified individual running for city council. John's expertise in science, finance and public health acquired in government can only benefit the City of Sanibel. I don't believe there is a more qualified individual running for Sanibel City Council and therefore, I fully endorse John Henshaw."

KEVIN RUANE



"John Henshaw has the qualifications and expertise to represent Sanibel's citizens on water quality issues, on island, in Lee County, in Tallahassee and Washington, D.C. He is an environment and conservation professional with federal and state government experience. He is committed to the safety and health of our community, and will be a great addition to Sanibel City Council."

BOB BROOKS



"John Henshaw is committed to the safety and health of our community and the preservation of our island environment, and higher water quality. He supports island businesses and has the education and experience to find solutions in a collaborative way."

SCOT CONGRESS



"We support John Henshaw for Sanibel City Council."

CLARK & PAM RAMBO



Why Me

- Committed to and believes in the Comprehensive Land Use Plan - the Sanibel Plan and the principles behind it.
- Committed to making a difference - preserving our sanctuary island.
- Has the education and experience to tackle the issues threatening Sanibel and finding solutions to improve our community.





Mike Badenoch passes the gavel to Ted Benjamin photo provided

Realtors Install New Officers, Present Awards

On January 21, the Sanibel & Captiva Islands Association of Realtors held its annual installation of officers and directors via

Zoom. The 2020 award winners were also announced, and the realtor and affiliate honor society members and new SCIS graduates were recognized.
2020 Award Winners:
Realtor of the Year – Mike Badenoch
Affiliate of the Year – Dave Arter,
Private Client Insurance Services
Rookie of the Year – Wendy Kirschner

Administrative Assistants of the Year – Tish Molloy and Kim Alexander
Community Service Award – Kelly Huguenin
President’s Award – Bill Robinson and Megan Rose
2021 Officers and Directors:
President – Ted Benjamin
President-Elect – Amy Wainwright
Past President – Mike Badenoch
Treasurer – Greg Demaras
Secretary – Mike McMurray
Directors – George Kohlbrenner, Connie Walters, Janka Varmuza and Brendan Albright.

Resort Earns Pandemic Safety Accreditation

Sundial Beach Resort & Spa has achieved Global Biorisk Advisory Council (GBAC) STAR accreditation, the gold standard for prepared facilities. This accreditation verifies that Sundial Beach Resort & Spa has implemented the most stringent protocols for cleaning, disinfection and infectious disease prevention.

As the cleaning industry’s only outbreak prevention, response and recovery accreditation, GBAC STAR helps organizations establish protocols and procedures, offers expert-led training and assesses a facility’s readiness for biorisk situations. The program validates that Sundial implements best practices to prepare for, prevent and respond to pandemics, including COVID-19.

“GBAC STAR accreditation shows that we have proven systems in place to maintain a clean and healthy environment for our guests and team members,” said Sundial’s General Manager Becky Miller. “By taking this important step to pursue and earn GBAC STAR, Sundial Beach Resort & Spa has received validation that we follow strict protocols for biorisk situations, and have demonstrated our preparedness and commitment to operating safely.”

To achieve GBAC STAR accreditation, Sundial was required to demonstrate compliance with the program’s 20 core elements,

which range from standard operating procedures and risk assessment strategies to personal protective equipment, and emergency preparedness and response measures. For more information about GBAC STAR accreditation, visit www.gbac.org.

Conservation Remains Priority In State Budget

Florida Fish and Wildlife Conservation Commission (FWC) Executive Director Eric Sutton applauded Gov. Ron DeSantis for his Florida Leads budget recommendations to the legislature for Fiscal Year 2021-22. The budget will continue to support high priority conservation items, such as red tide research and invasive species management.

“Governor DeSantis’ leadership continues to pave the way for healthy ecosystems that create and maintain fish and wildlife resources for current and future generations,” said Sutton.

“Governor DeSantis’ support will help keep Florida as the Boating and Fishing Capital of the World,” said FWC Chairman Rodney Barreto. “We will provide even more access and opportunities for residents and visitors to enjoy the outdoors.”

Budget highlights include:
\$600,000 for artificial reef construction programs;
\$400,000 for coral reef recovery;
\$1.1 million for Apalachicola Bay oyster restoration efforts;
\$4.5 million for land acquisitions to support conservation efforts;
\$6.8 million for increased boating access and safety;
\$8.9 million to combat invasive species;
\$4.2 million for continued red tide research.
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Republican Caucus Speaker Announced

On Saturday, February 13, newly elected state representative Adam Botana will speak at the first Sanibel-Captiva Republican Caucus meeting of 2021. Additionally, the six candidates for Sanibel City Council have committed to speak about what they would do as councilmembers if elected to fill one of the three open positions on the council. The event will be held at 10 a.m. at The Community House.

Botana's father was 13 years old when he came to the U.S. from Cuba in 1968. Botana was born and raised in Bonita Springs and is vice president of the Bay Water Boat Club in Bonita Springs, which his family founded in 2006. The business has grown to over 60 boats and 400 members.

Botana is an officer in the Bonita Springs Rotary Club and was appointed by former Gov. Rick Scott to the Florida Boating Advisory Council, where he made personal contributions to reducing the impact of boating on the environment. He is committed to



Adam Botana photo provided

clean water, balanced state budgets and protecting local businesses.

The public is welcome to attend, and coffee will be served. For more information, contact Will Smith at 395-0819.

The Community House is located at 2173 Periwinkle Way on Sanibel.✱



From left, SCCF CEO Ryan Ortega, the Doc Ford's team and owner Marty Harritty

photo provided

Doc Ford's Sponsors New SCCF Magazine

The Sanibel-Captiva Conservation Foundation (SCCF) has added Doc Ford's Rum Bar & Grille as a sponsoring partner for its new magazine launch.

"This new magazine is a great vehicle to give our members and neighbors a deep dive into the nature that surrounds us and the work SCCF does to protect it," said SCCF CEO Ryan Orgera. "It's just terrific that Doc Ford's has joined us as a funding partner for the first issue."

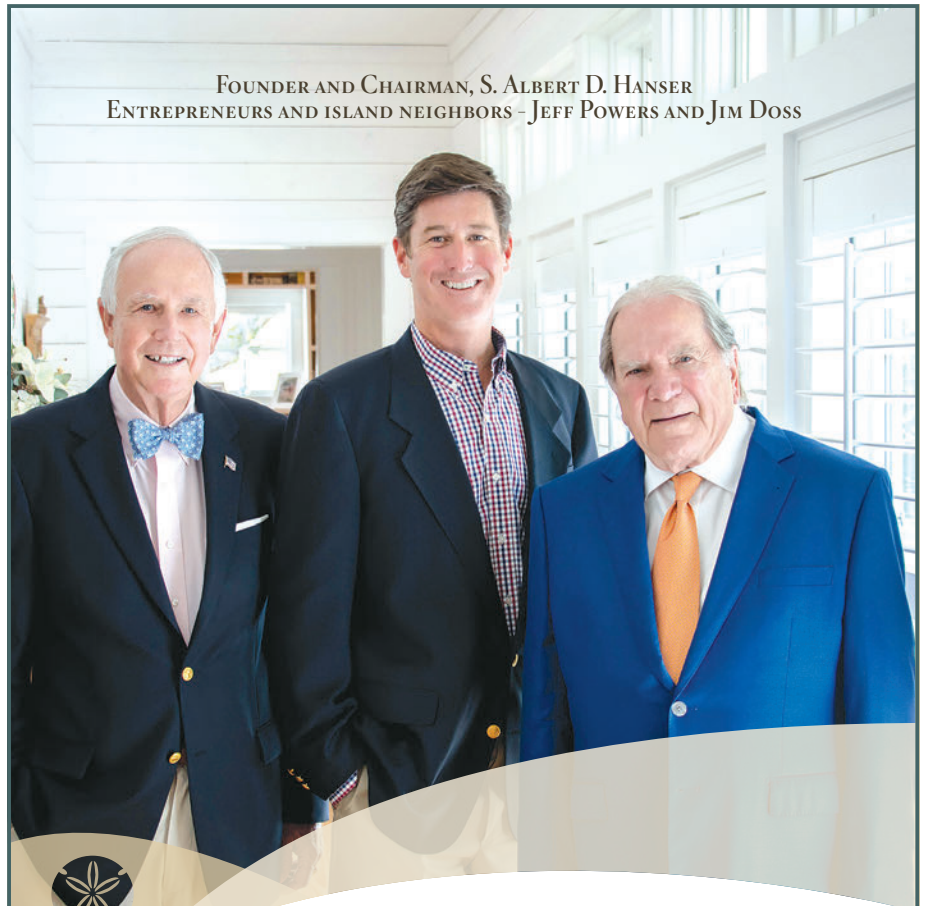
The magazine, to be named *Connecting You to Nature*, will be published twice annually in the winter and spring. The first issue will be mailed

island-wide and to all SCCF members in mid-February. It is intended to deepen readers' understanding of how the land, water and wildlife on and around Sanibel and Captiva depend on SCCF's stewardship.

"Doc Ford's has partnered with SCCF since the first year we opened our doors," said Marty Harritty, proprietor of Doc Ford's Rum Bar & Grille. "They have been the conservation stewards for our islands for more than 50 years, and this year we're happy to help share their stories in the *Connecting You to Nature* magazine."

The Sanibel Captiva Trust Company will be joining Doc Ford's Rum Bar & Grille as the funding co-sponsor for the inaugural issue. Companies interested in future underwriting opportunities are invited to contact SCCF Development Director Cheryl Giattini at 395-2768.✱

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FISH Of SanCap Names New Board Member

FISH of SanCap has appointed Steve Klug to its board of directors. Klug received his master of business administration and undergraduate degrees from Northwestern University, and his law degree from Cleveland State. He began his career in banking and consumer finance and in 1980, moved to Cleveland, Ohio to work with Progressive Insurance, rising to the position of division president. He later purchased and grew his own business prior to retiring.

“We look forward to working with Steve and are certain his contributions as a member of our board will build a better future for everyone in our community,” said Maggi Feiner, president and CEO of FISH of SanCap.

Klug and his wife, Debbie, became Florida residents in 1997, however, they still maintain a residence in Cleveland. He has served as president of the Herb Strauss Theater and board member of BIG ARTS. The Klugs have three children and 13 grandchildren. They have a home on Seaspray Lane and are active members of The Sanctuary Golf Club.

“I am excited to serve our community by being part of such a fine organization,”



Steve Klug photo provided

said Klug. The Klugs have been active supporters of FISH for several years. Debbie is an active member of the FISH Development Committee whose main purpose is to create and implement donor strategies that allow FISH to meet its revenue goals while building awareness and attracting new donors to the organization.

To learn more about FISH, contact Alicia Tighe Orgera, executive director, at 472-4775 or visit www.fishofsancap.org.

BIG ARTS Speaker To Address Internet Privacy

The Internet has made privacy a thing of the past. Companies like Google and Facebook create profiles of everything from your shopping habits to your voting preferences. After a series of high-profile privacy breaches, however, efforts are finally under way to reform the industry.

Ian Sherr, editor at large for CNET, is part of the BIG ARTS Talking Points series and will address Internet privacy issues virtually on Thursday, February 11 at 4 p.m. He will discuss what changes are being made in the industry, as well as ways individuals may be able to stay under the Big Brother radar.

“People may not know you when walking down the street, but the Internet is watching your every move,” Sherr said. “Tech companies are investing untold billions of dollars to learn what you buy, what sites you visit and who you interact with each day. And it’s all so that they can sell you another gadget, doodad or gizmo.”

Sherr has been writing about mobile devices, social networking, VR, Apple, Microsoft, games and parenting for more than a decade. Previously, he wrote about Apple, the PC industry and video games



Ian Sherr photo provided

at *The Wall Street Journal*. He has also written for Reuters and the Agence France-Presse, among others. Sherr is a native of the San Francisco Bay Area.

You can live stream Talking Points with Sherr and text your questions and comments during the talk. The program and remote login and participation instructions will be sent in advance. For more information and to purchase tickets, call the box office at 395-0900.



Ann Brady photo provided

Rotary Happenings

submitted by Cindy Carter

The Rauchenberg legacy has long been intriguing and mysterious. We know of its existence, but not much else.

Last Friday at the Sanibel-Captiva Rotary meeting, Ann Brady, director of the Captiva residency program on behalf of the Robert Rauschenberg Foundation, shared with us information about “Bob,” the foundation and residency program.

In 1970, after watching traffic come to a complete stop to allow a turtle to cross the road (locals know that it was most likely one of our beloved gopher tortoises), followed by a kaleidoscope of butterflies which flew through his window, Robert “Bob” Rauschenberg knew it was a sign to move to Captiva. He lived and worked on Captiva for the next nearly 40



years. Within that time, he slowly acquired parcels of land that adjoined his property to create what would become a 20-acre artist retreat.

The Rauschenberg Foundation was created in 1990 and based in New York City. “The Robert Rauschenberg Foundation fosters the legacy of Rauschenberg’s life and work. The foundation supports artists, initiatives and institutions that embody the same innovative, inclusive and multidisciplinary approach that Rauschenberg exemplified in both his art and philanthropic endeavors. The foundation focuses on three major areas: 1) increasing public access to and scholarship of Rauschenberg’s artwork; 2) cultivating emerging and established artists through a residency program at a 20-acre campus in Captiva, Florida, formerly the artist’s home and studio; and 3) supporting philanthropic initiatives that connect art, culture and creativity, as stated on the foundation’s website.

With those focuses in mind, Brady was hired in 2011 to create a multidisciplinary artists’ residency program on the Captiva property. This program invites 10 anonymously chosen artists at a time, on a year-round basis, from a variety of backgrounds and disciplines to come and stay for five weeks to create, recharge and just be. They are provided with a \$3,000 stipend, travel, housing, meals made on property with local fruits and foods, time, space and community. The perfect recipe for an artist to let the creative juices flow.

The Rauschenberg Residency program, headed by Brady, is using this COVID quiet time to make much needed repairs to the properties; being near the water is inspiring to people but very hard on structures. They are also focusing on the Climate Change Adaptation Plan 2021

to help prepare the property to be able to endure whatever climate changes the future holds in store. Bob Rauschenberg was ahead of his time as a humanitarian and steward of the environment. Thankfully, dedicated artists are carrying on his legacy.

The Sanibel-Captiva Rotary Club is

Alzheimer’s Support Groups By Phone, Virtual

Over the past year, the spread of the coronavirus pandemic has created new, unique challenges for everyone, including those living with Alzheimer’s disease and their caregivers. As COVID-19 continues to impact local organizations and the availability of resources, the Alzheimer’s Association remains ready to help all those affected by dementia – from the comfort and safety of their homes.

“Caring for a loved one with dementia is never easy,” said Julie Shatzer, vice president of programs for the Alzheimer’s Association’s Florida Gulf Coast Chapter. “But, with the added challenges of the COVID-19 pandemic, family caregivers need our support now more than ever. That’s why we are now offering our confidential support groups both virtually and over the phone.”

All Alzheimer’s Association support groups are facilitated by trained individuals. While in-person meetings have been paused due to COVID-19, there are support group options available statewide via phone or video conference for caregivers, individuals living with Alzheimer’s and others. Those seeking additional support can also

holding hybrid meetings on Zoom and in person at *The Dunes*. To attend a meeting in person (limit 20), email Bill Harkey at william.harkey@gmail.com by Wednesday. Zoom meetings are held on Fridays. Log on as early as 7 a.m., meeting begins at 7:30 a.m.

join ALZConnected, the Alzheimer’s Association’s free online community where members can connect and seek and share advice.

DeLand resident Renee S., who cares for her mother with Alzheimer’s disease, said she has gained “lifetime friendships” from joining a support group.

“They call this a virtual support group, but I think of it as more of a sisterhood,” she said. “We have shared triumphs and losses and everything in between. We have openly discussed the good, the bad, the funny and the ugly. The support that this group has given me is immeasurable.”

Another participant, Michelle D. of Eustis, said, “The Alzheimer’s Association support group by phone helps me keep things in perspective. I appreciate the tips or suggestions from other caregivers. I have recommended it to a friend of mine who is caregiving for both parents with dementia.”

According to the Alzheimer’s Association, more than 580,000 Floridians are currently battling Alzheimer’s disease. That number, however, does not include the additional 1.2 million family members providing them with daily, unpaid care.

The Alzheimer’s Association offers around-the-clock support for all those affected by Alzheimer’s and dementia. To join a support group or learn more, visit www.alz.org or contact the Alzheimer’s Association 24/7 Helpline at 1-800-272-3900.

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- **PRESERVING OUR ISLAND’S UNIQUE ECOSYSTEM**
- **MAINTAINING OUR HOME RULE**
- **IMPROVING OUR WATER QUALITY**
- **ATTRACTING FAMILIES WITH OUR BLUE RIBBON SCHOOL**
- **PROMOTING AND SUPPORTING LOCAL BUSINESSES**

With your vote of support, Mary will work to ensure our island retains its environmental harmony and economic vitality while preserving its historic culture and charm. Backed by years of dedication and experience, Mary looks forward to navigating the future to reveal new opportunities for innovation and sustainability—moving Sanibel forward!

Our future is bright. Set your sights on Mary!

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Superior Interiors

Enhance Your Dining Room



by Katie Frederick

The dining room is a special place for many, especially during recent months. It's a place to gather with your close family members and feel an ounce of normalcy. Enjoying

a meal together, playing a board game, or getting lost in conversation are just a few of many activities that make the dining room one of the foundational spaces of intimacy in the home.

For some, the comfort of this room comes naturally. For others, paying close attention to the design scheme, furniture set up and decor options makes a major difference. Whether you frequent the dining room on a regular basis, or you are interested in getting more use out of this room, there are many ways to elevate the space and make it more inviting.

Even if your dining room space is carpeted, an area rug can tie everything together and add another comforting element while you and your guests gather for dinner. Just remember, sizing means everything when placing an area

rug under a table. Make sure it is long and wide enough to provide coverage when the chairs are pulled out.

Just as the area rug brings comfort, cushions on the chairs can provide the same contentment. Find a set of seat coverings that are just comfortable enough while still providing the support needed to sit properly. Use color and styles that complement the room's theme to make your selection on cushion style.

If you're looking for a drastic change, a new coat of paint may satisfy your wants and needs. The walls are a great place to start if you want to mix up the dining room theme entirely. A new paint color can give you a stronger foundation to express your creativity and establish the flow that we desire in a design plan. Consider wallcovering also for style and sound absorption.

Natural lighting can be ultra comforting to both you and your guests. Create a seating arrangement near the window to gain maximum sunlight access and enjoy the outdoor view when staying inside.

Another simple move that makes a major statement is adding a tablecloth to the dining table. Using your dining room theme as inspiration, find a table covering that stands out and makes the room feel more put together.

Taking your dining room space to the next level does not have to be an impossible venture. If you're lacking design experience and want to get it right the first time around, consider

consulting a design professional. They will evaluate your current dining room, collect information about your personal style and devise a plan to create the gathering space you've always wanted.

Katie Frederick is an interior designer on Sanibel/Captiva Islands. She can be reached at katie@coindeciden.com.✪



The new Sanibel Captiva Community Bank during renovations

photo provided

Community Bank Opens New Main Office On Sanibel

Sanibel Captiva Community Bank opened its new main office on February 1 at 2406 Periwinkle Way on Sanibel. The vision for the new building was designed by Architecture Joyce Owens LLC, and Benchmark Construction handled renovations.

The new main office features a two-lane drive-through, drive-up ATM, board room, solar panels and an electric car charging station. Named in honor of the late bank director Ken Nirenberg, who passed away in December, the Ken Nirenberg Community Room will be available to not-for-profit and community organizations to use at no cost.

"We are thrilled to open our new main office on Periwinkle Way and offer a more convenient location for our customers," said Craig Albert, Sanibel

Captiva Community Bank president and chief executive officer.

The bank sold its existing main branch, located at 2475 Library Way, to the City of Sanibel to become the new senior center.

"One of the most rewarding things about our main office relocation is that our Library Way location will now be used by the City of Sanibel to offer a larger gathering space for Sanibel seniors, as well as providing Community Housing and Resources new administration offices," said Kyle DeCicco, Sanibel Captiva Community Bank senior vice president and senior loan officer.

Founded in 2003, Sanibel Captiva Community Bank started with one location on Sanibel. Since then, the bank has steadily grown its Lee County presence with eight locations. In addition to the bank's new main office, a second branch is located at 1037 Periwinkle Way on Sanibel. Six other branches are located throughout Lee County, including downtown Fort Myers and Gateway.✪

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ON ISLAND FOR ISLAND

From page 1B

The FORUM

possible and inspire those around them to reach for that possibility. They are willing to really listen to points of view that are different from theirs, and they are willing to be transformed by differences so that they can lead the transformation of the world around them."

Reeves' presentation will delve into all of the above and focus on how we can move forward collectively by better understanding gender differences and creating new frameworks that help us advance women now.

For the first time, you can live stream all the FORUM lectures in the comfort of your own home. Following the lecture, you may text your questions and comments to the speaker. The program and technical support instructions will be sent one week in advance of each

speaker. For more information and to purchase tickets, call the box office at 395-0900.

BIG ARTS is practicing the highest standards of safety. Visitors are required to wear masks and are asked to be mindful of social distancing. Only 50 percent of the seats in Christensen Performance Hall are being sold. Until further notice, only 200 seats will be available for any event in the hall and a maximum of 30 people will be allowed in the gallery at any given time. The air filtration system has been enhanced, all surfaces are wiped down between use, a professional sanitizing fogger is being used after each gathering and there are hand sanitizing stations throughout the ground floor.

BIG ARTS is located at 900 Dunlop Road on Sanibel. For more information, visit www.bigarts.org.✪

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This wonderful view to gulf from Sandalfoot #3B3 at 671 East Gulf Dr. Top floor privacy & conveniently east-end. On-site office provides peace-of-mind, makes vacations easy, & services many repeat rentals. Seller usually winters here, but not this year so potential for more income. Community pool, tennis, shuffleboard, WiFi, elevators, assigned parking, & more. \$549,000 Offered furnished with future bookings.



WATERLOVERS' DREAM

Brass plate on front door at Mariner Pointe #411, 760 Sextant Dr, calls it "Captain's Quarters". Steps from boat dockage & facing San Carlos Bay overlooking waterside pool. 3-bedroom ground-level condo with assigned parking just outside. Great room living space expanded into former screened lanai. 2nd screened lanai off master suite has private exterior storeroom. ~1355 sq. ft. furnished. \$599,000



SUNSET DELIGHT

Kings Crown #104 at 2721 West Gulf Dr, has terrific sunset views over beach, community pool with bathhouse, tennis, manager on-site weekdays, & this sweet path to gulf. Remodeled "green" & fully equipped for seasonal rentals which require 2-week minimum in "season", otherwise weekly. Roomy 2nd floor 2 bedroom with impact glass & in solid conservative COA with no fee increase in years. \$999,000 furnished



PARADISE FOUND

In standalone recently-remodeled building, 2311 West Gulf Dr begins with winding tropical drive. With just 14 owners, White Sands is private, convenient, & facing the pool to beach. #23 is 2nd floor 2 bedroom with den. Tropical interior including plank-look tile floors compliments gulf view colors. Pool, tennis, BBQs, storeroom below, & weekly rentals. \$1,099,000 Offered turnkey including future rental bookings.



LOVE THE VIEWS, LOVE THE SPACE, LOVE THE FEATURES

In Sanibel Harbours, 1238 Isabel Dr is custom-designed, spacious, recently-remodeled top-to-bottom inside-&-out. Includes separate lot O with dock & lift in nearby boat basin. Home with bayside pool, begins with roomy 3-car garage & 4-stop elevator. Front door opens to main living level foyer & great room with endless water views, soaring ceilings, gas fireplace, & French doors to new porch with electric screens. East wing gourmet kitchen with gas cooking, butler's pantry, & island breakfast bar open to huge dining/family area with another fireplace. West wing 1st level has new master suite with private waterside deck, plus guest room & another full bath. Over garages is expansive media room with party kitchen & 1/2 bath. Top floor, eastside is another master suite with spa-like bath & huge walk-in closet. An open bayside deck spans top floor which also has 2 more bedrooms, plus another oversized bath, & utility room. \$3,495,000





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Looking for New Listings

Date Set For Play For PINK Golf Fundraiser

The Dunes Women's Golf Association is making plans for its annual Play for PINK Breast Cancer Research Foundation fundraiser to be held at The Dunes Golf and Tennis Club on Saturday, March 27. The association appreciates the past financial support of its major sponsors and has announced that The Sanibel Captiva Trust Company and SanibelCaptiva Community Bank will be supporting the event again this year. Additional sponsorship opportunities are available. Contact Jim and Amy Clapp at 240-315-6145 or anclapp@aol.com.

Last year, the golf event raised over \$36,000 for the Breast Cancer Research Foundation. Thanks to the support of the Estee Lauder



Golfers gathered for a photo at The Dunes Golf & Tennis Club during a previous tournament

photos provided

Foundation, 100 percent of the funds raised go to breast cancer research. The Breast Cancer Research Foundation is rated A+ by Charity Watch.

This year's silent auction and raffles will be modified due to COVID-19 but the committee wishes to acknowledge and thank the following businesses, artisans and financial institutions which

contributed in 2020. The committee will be soliciting donations for gift baskets again this year and encourages everyone to support these local retailers and businesses.

Hole sponsors: Bank of the Islands, Dave and Gussie Blue, Cip's Place, Blake and Janice Devitt, The Dunes Monday Morning Ladies Group, John Frymoyer, Ken and Ginny Grosse, Hanser Family Foundation, Jerry's Foods, Susan Kennedy, Bob and Jeanne Lindman, Member's Family Foundation, Jerry and June Muench, On Island, Rosier Insurance, The Sanibel Captiva Trust Company, Walgreen's, Larry and Judy Yenkele, Brett Blue, Bondurant Realty Group, Betty Cox, The Dunes Men's Golf Association, Howard and Margaret Dwyer, Greg's Yoga Class, H2O Outfitters, Island Grooming, Bill and Joan Kelly, Kingfisher Real Estate, Maynard and Joni Luterman, Maureen O'Brien, Bob, Judy and Jake Otterbein, Pfeifer Realty Group, SanibelCaptiva Community Bank, Traders and John R. Wood.

These local businesses contributed to the raffle and silent auction: Adventures in Paradise, Beach Daisy, B. Unique, Cape Nails, Clam Shack, Doc Ford's, Finnimore's, Floral Artistry, Gale's Design, George and Wendy's, Angelica Geerlof, JB Designs, Island Pharmacy, Lazy Flamingo, Her Sports Closet, Mad Hatter, Massage Envy, Naples Soap Company, Peach

Republic, Randi's, Rinaldi's, Sanibel Fresh, Sanibel Olive Oil Company, Sanibel Health Club, Sanibel Resort Wear, Sandbar Restaurant, Spoonrift, Suncatchers' Dream, Three Crafty Ladies, Traders, Wilford and Lee, Billy's Bike Rental, Captiva Cruises, Carol Broderson, Luc Century, Cip's Place, Congress Jewelers, Eileen Fisher, Gramma Dot's, Golf 4 Less, Key West Express, McIntosh Books, Miguel Hnatow, Publix, Sanibel Day Spa, Sanibel Home Furnishings, SanCap Pak-N-Ship, Sanibel Inn, Sanibel Sea School, Sanibel Skin Spa, Sanibel Surf Shop, South Seas Island Resort, Stone Harbor Golf Club, Sundial Beach Resort & Spa, Tarpon Bay Explorers, The Timbers, The Dunes Golf & Tennis Club, Vera Bradley, Anne Wainwright and Whims.

For the pre-tournament welcome and breakfast, fresh fruit was provided by Jerry's Foods and Bailey's provided the freshly baked donuts. The committee thanks them for their support.✱



From left, Play for PINK Tournament Chairs Jim and Amy Clapp, and Gussie and Dave Blue

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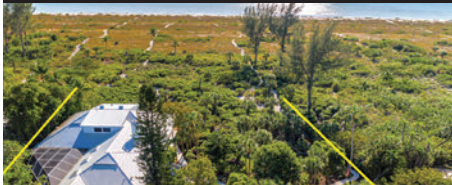
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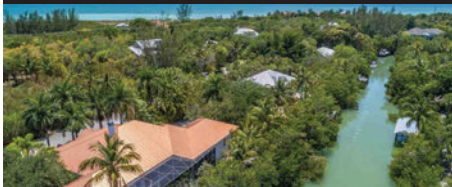
3767 W. GULF DR., SANIBEL
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 Trevor Nette 239.281.4435

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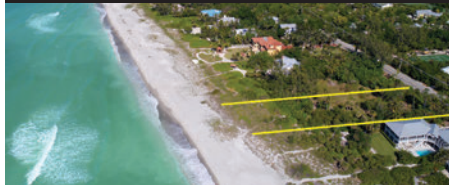
6418 PINE AVE., SANIBEL
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What can the city council do to provide more effective Home Rule and prevent Lee County Commission or the State of Florida from overruling laws passed by the City of Sanibel?



MARY BONDURANT

Home Rule is authorized by the Florida State Constitution to allow municipalities control over their own affairs. Actions the council takes must be scrutinized to assure they do not conflict with any existing state laws that could open a door for another authority (state or county) to challenge. If the state legislature would try to change any of Sanibel's laws or policies, we must first determine if that action would be contrary to our constitutional-given right and challenge on that basis. Intense lobbying efforts on the behalf of the city to any agency seeking to reduce Sanibel's rights under Home Rule must continue. The next constitutional convention is not until 2037, however, in Florida, it is not all that difficult to propose amendments in the interim. It only takes 60 percent of the voters to enact a constitutional change. A coalition of other municipalities being adversely affected would be effective.✴



DR. SCOTT CRATER

Sanibel is a model for the rest of the state for good planning in harmony with the environment. The Sanibel Plan is our "constitution," and the island's founding mothers and fathers were prescient in their efforts to prevent overdevelopment on the island. And state law is what allowed the Sanibel Plan to come into being in 1976. The plan is possible because of the Local Government Comprehensive Planning and Land Development Regulation Act, Section 163.3161 et seq. Florida Statutes, which allows planning by local governments to "preserve, promote, protect and improve the public health, safety, comfort, good order, appearance, convenience, law enforcement and fire prevention, and general welfare." This statute gives very broad authority to Sanibel to regulate, and certainly the wording allows localities to regulate vacation rentals (which affect "public health, safety, comfort... and general welfare"), single use plastics (ditto), noisy leaf blowers (ditto), etc. The state legislators need to be educated about their own laws!✴



TIM DROBNYK

Home Rule allows local government to enact laws and ordinances that are in their community's best interest. However, these laws and ordinances cannot conflict with the intent of state law or with what state statues allow. Sanibel has a unique environment as compared to much of Florida, and enacting local ordinances that are in our best interests are a must. However, we must not overreach locally and thus provide a reason for involvement from a state level. Of course, no level of government likes being told what to do from a higher level of government. It is the responsibility of our city council to act in Sanibel's best interests and this includes being able to avoid conflict and coexist with higher levels of government.✴



JOHN HENSHAW

The city must stay vigilant and fight to preserve our right to self-govern. Proposed legislation at the state and county levels must be monitored carefully to assure that any proposed actions do not infringe on our rights under the 1968 Florida Constitutional revision, and the Home Rule Powers Act of 1973, which states: "Municipalities shall have governmental, corporate and proprietary powers to enable them to conduct municipal government, perform municipal functions and render municipal services, and may exercise power for municipal purposes except as otherwise provided by law." Preemption efforts such as prohibiting municipalities from taking action on single-use plastic bags, certain sunscreens, etc. must be vigorously challenged through the legislative bodies, and where appropriate, in the courts.✴



JASON MAUGHAN

I will continue to fight for our Home Rule authority just as I have over my last four years on council. One of the ways I have been most successful is taking an apparently divisive policy issue and reframing it as a Home Rule issue in order for all sides to see it is in their best long-term interest. For example, when I introduced the Single Use Plastics Ban Bill (Straw Ban), which was subsequently passed by our council, the state legislature voted to preempt it. I reached out to the governor and explained our reasoning, who in turn vetoed the preemption and allowed us to maintain our Home Rule authority. Another important component is continuing to unite with local cities on common Home Rule issues to present a unified front. Furthermore, I would continue to utilize my relationships with our county and state officials to maintain our Home Rule.✴



MIKE MILLER

I believe the preemption problem lies more with the state legislature than with the Lee County BOCC. In any event, the strategy required is the same – more frequent and better lobbying. Last year, the legislature considered SB 1128, a measure that would have hurt Sanibel in our ability to regulate and license our restrictions on short-term rentals by non-resort area residents. The bill failed to pass, but not before both members of our local legislative delegation supported it. This year, a similar new version, SB 522, is pending. We need to spend more time with Sen. Rodrigues and Rep. Botana and with other local legislators to ensure they each understand that the bill would hurt our neighborhoods and that our residents, who are voters and political contributors, are opposed to it.✴

Captiva Community Panel To Meet

The Captiva Erosion Prevention District will meet via Zoom on Monday, February 8 at 1 p.m. For details, visit www.mycepd.com.

The Captiva Community Panel will meet on Tuesday, February 9 at 9 a.m. via Zoom. Visit <https://captivacommunitypanel.com> for the link to join.

Among the panel agenda items:

- Discussion with Lee County Commission Chair Kevin Ruane;
- Updates on COVID-19 and iguana MSTU petition drive;
- Committee updates.

The Captiva Community Panel is collecting petitions to ask Lee County to form a Municipal Services Taxing Unit (MSTU), which will fund efforts to eradicate the iguanas that have proliferated on Captiva. If you support this drive and have not yet sent in your petition, the panel is offering a new service for a limited time.

Send the panel an email at captivacommunitypanel@gmail.com with your name and property address(es), saying you support the formation of this unit. You will be emailed back with a pdf form with your name, address and STRAP number already filled out, so all you need to do is sign and date the form, write in where it was signed (city

and state) and mail it back to the panel at P.O. Box 72, Captiva, FL 33924-0072. Mail return is necessary because the county requires original signatures on these petitions since they waived the requirement that they be notarized.

Forming this unit will cost the average island property \$52.68 in taxes the first year. To form the unit, petitions must be received from 50 percent-plus one of Captiva property owners, and they have to be submitted to the county before April 1, so the panel needs them back by March 25.

To find out more about the unit, go to <https://captivacommunitypanel.com/panel-info/invasives-mstu/>. If you have any questions, email captivacommunitypanel@gmail.com.

In the City of Sanibel's continuing efforts to control costs, it will continue to use the 2016 series pass. Everyone issued a 2016 series pass must keep their pass for use in 2021.

Used after an evacuation, the passes aid security, speed reentry and provide traffic control at a time when keep traffic must be kept to a minimum.

Owners and residents who have not been issued a 2016 pass should apply for one before storm season. The pass program is all about safety and security, therefore getting a pass requires a short application and specific documentation.

Visit www.mysanibel.com/emergency-management for more information.✧

Executive Director Named For Port Authority

The Lee County Board of Port Commissioners recently named Benjamin R. Siegel, CPA, CM, as the executive director of the Lee County Port Authority. As executive director, he will direct the administration, operations and development of Southwest Florida International Airport and Page Field.

"I look forward to working with the board and the outstanding team of professionals at Southwest Florida International Airport and Page Field," said Siegel. "I am excited about the opportunity to enhance infrastructure, manage growth and improve the guest experience, as well as work with our community leaders to promote travel, new business and tourism in our region."

Siegel has been with the Lee County Port Authority since 1992, and most recently served as the acting executive director. Under his leadership, the Lee County Port Authority finance team secured \$327 million for RSW's Midfield Terminal Complex, which was one of the largest issuances of financing in Lee County history. Projects under his oversight are the airport traffic control tower and terminal expansion at Southwest Florida International Airport.

Siegel holds a bachelor of science degree in business administration from University of South Florida and



Benjamin R. Siegel photo provided

is a certified public accountant. He is a certified member of the American Association of Airport Executives, as well as a member of the Florida Airports Council, Airports Council International-North America, Florida Institute of Certified Public Accountants and the American Institute of Certified Public Accountants.

Siegel is an executive committee member of the Horizon Council. He is also on the executive leadership team for the American Heart Association-Lee Heart Walk, was past chair of the 2018 Lee Heart Walk, and is a member of the executive committee for Healthy Lee.✧



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Will Power

Joint Accounts Don't Count Toward Bequests



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Robert created a trust that distributed the first \$2 million to his wife, Linda, before making \$500,000 bequests to each of his two daughters, Tina and Louise. When Robert created his trust, he considered the bequest to his wife to be enough for her to live off of the rest of her life, also considering that she had other assets of her own in her own trust. He didn't want Tina and Louise to wait until both his and Linda's deaths before enjoying any of their inheritance, and that is why he included those bequests.

When Robert died, his trust had less than \$2 million of assets in it. Robert had more than \$1 million of other assets, both those were all held jointly with rights of survivorship with Linda. They

were not ever funded into Robert's trust.

So, Linda took the joint assets as her own. When Robert's trust was administered, the entire balance also went to Linda. Tina and Louise received nothing from Robert's estate.

And this is the important point that I wish to make today. Robert may have considered the joint account to count toward what he wanted to leave Linda from his estate. But Robert didn't direct his attorney to draft language into his trust indicating that was his intent. Maybe Robert assumed that the joint account gift would serve to satisfy part of what he intended to leave Linda through his will and trust.

But that isn't the case.

Maybe Robert intended to fund the joint account into his trust account to satisfy his intent. Transferring a joint account into a single trust generally requires both joint account owners' signatures. Perhaps upon discovering this, Robert decided not to do it and didn't believe it necessary to alter the terms of his trust.

Upon discovering what was to occur in Robert's estate administration, Tina and Louise wondered if anything could be done to rectify the situation. The answer is, not unless Linda wants to cooperate. Linda could, for example, file a legal disclaimer for some portion or all the \$1 million in bequests that Tina and Louise didn't receive. A legal disclaimer must be signed in accordance with Florida law and with the Internal Revenue Code. There are several requirements that must be satisfied to file a disclaimer.

Linda could also cooperate if she simply gifted some of her inheritance to Tina and Louise. The gift would be taxable, as it would be above the \$15,000 annual exclusion limitation, which only means that the gift would reduce Linda's current \$11.2 million

federal estate tax exemption. Provided Linda's taxable estate at the time of her passing is below the then available federal exemption, the gift would not affect her. If, on the other hand, Linda's estate could be in danger of exceeding the limitation, she has the option of filing a Federal Estate Tax Return Form 706 on Robert's estate to transfer any of his unused exemption to her own estate, negating the gift transfer.

Depending upon the assets that Linda transfers, and whether they came from the joint account or from assets she inherited from Robert, there could be unrealized capital gain that may one day be realized by Tina and Louise that would require the payment of capital gains taxes. This is because joint account assets do not receive a full step up in tax cost basis upon one of the account holder's deaths.

Linda may also choose not to cooperate, leaving Tina and Louise with no inheritance. Much of this depends upon the relationship between the parties as well as Linda's comfort as to whether she has sufficient funds to live off of the remainder of her lifetime.

As you can see, an assumption on Robert's part could lead to some very real problems between his loved ones. If you have questions as to whether certain accounts will serve to satisfy bequests you have in your will or trust, be sure and discuss your questions with your estate planning attorney.

©2021 Craig R. Hersch. Learn more at www.floridaestateplanning.com.✱

Sanibel Teachers Among Golden Apple Finalists

The Foundation for Lee County Public Schools announced the 34th annual Golden Apple Teacher Recognition Program finalists, who were surprised in their classrooms surrounded by students, administrators and fellow educators.

"During this very trying time in our community and throughout the world, there has been an eye-opening recognition of the importance of the teaching profession," said Marshall T. Bower, esq., foundation president and CEO. "Teachers have gone above and beyond to make sure they are meeting the needs of our community's most valuable asset, our students. These 30 Golden Apple finalists are outstanding representatives of all our great teachers." The 2021 Golden Apple finalists are:

Taylor Ashby – North Fort Myers High
Jamie Ayres – Cape Coral High
Yanet Barrero – North Fort Myers High
Alisa Brown – Hancock Creek Elementary
Dr. Nathan Buehler – Mirror Lakes Elementary
Joseph Camputaro – The Sanibel School
Christy Falk – Allen Park Elementary

Annette Gallipo – Bonita Springs High
Brittany Gonzalez – Tortuga Preserve Elementary
Colt Hartstein – Mariner High
Shelly Hassett – Dr. Carrie D. Robinson Elementary
Anne Hester – East Lee County High
Melissa Holland – Tanglewood Elementary
Sarah Jones – Ida S. Baker High
Sara Kizzire – Lehigh Senior High
Ashley Koehler – Cape Coral High
Louis Lillard – East Lee County High
Kaisha Louis – Paul Laurence Dunbar Middle
Shelby Massaro – Cypress Lake Middle
Heather Morse – Gulf Middle
Joni Pelletier – Treeline Elementary
Marylin Prysi – Villas Elementary
Jennie Rimes – Fort Myers Middle Academy
Krista Rivera – Gulf Middle
Kristen Santiago – Diplomat Middle
Barbara Scarnato – The Sanibel School
Lori Shaw – Cape Coral High
Trevor Tran – Fort Myers High
Bryan Williams – Mariner High
Dana Windey – Riverdale High
Finalists are interviewed and observed in their classrooms by the selection committee, and six teachers are selected as award recipients. They will be honored at the Golden Apple Teacher Recognition Banquet at Caloosa Sound Convention Center & Amphitheater on April 16.✱

How's The Market? Ask Ann

It's a very competitive real estate market. Lots of buyers looking at a shrinking inventory on Sanibel (fewer homes for sale; 70% less than 2019). My goal is to increase our sales in 2021 by offering rebates to both buyers and sellers, amounting to over \$9,000 at closing. I will continue to offer "5 Star Service" to both buyers and sellers.

The savings are substantial, equivalent to a buyer enjoying a 2-week vacation including a flight and meals. If you are a buyer, call me at 239-850-0979.

Do you like the idea of saving time and money? If your answer is "yes," take a look at 994 Whelk Drive, our newest listing in Shell Harbor. Very competitively priced at \$1,395,000 considering it is completely updated including wind-rated windows and doors, kitchen, bathrooms, roof, boat dock lift, seawall, pool and landscaping. Move in ready! Save the time and money of a major renovation and make sure you see this home.

Sanibel's resale inventory continues to decrease with just 66 Single Family Homes, 84 Condos & 43 Lots for sale.

Call or email me with any questions. Stay safe & have a successful year!

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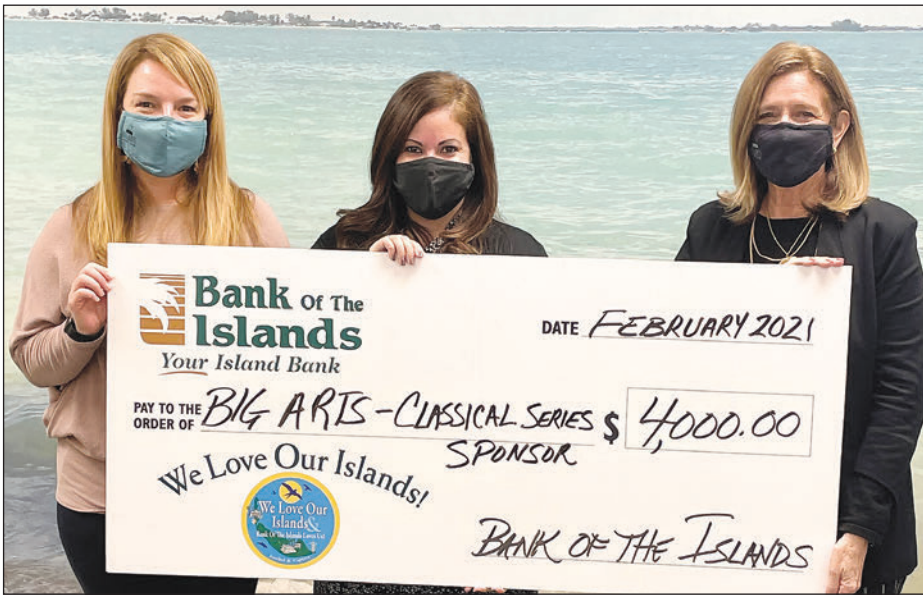
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From left, Annie Campbell of BIG ARTS, Willy Ocasio of Bank of the Islands and Lee Ellen Harder of BIG ARTS photo provided

First Corporate Sponsor For BIG ARTS Music Series

Bank of the Islands has signed on as the first corporate sponsor for the BIG ARTS Classical Music Series.

"Bank of the Islands is happy to join the other sponsors who have made this series a beloved BIG ARTS tradition," said Willy Ocasio, bank vice president and Sanibel-Captiva office manager.

"We particularly want to salute Deborah La Gorce who conceived of this series of classical concerts and has financially supported it year after year. It's an honor to become the first-time corporate sponsor this year."

The Classical Music Series kicked off January 24, bringing world-class performances to Christensen Performance Hall at BIG ARTS. To learn more about upcoming performances, visit www.bigarts.org or call 395-0900.*



From left, Charlie Emerson, Clair Beckmann, Kevin Vertesch, Dan Hahn, Bill Rahe and Chet Sadler photo provided

New Sponsor Added For Rotary Charity Cup

Dan Hahn Custom Builders, Inc. has signed on as a food cart sponsor for the Sanibel-Captiva Rotary Club's major fundraiser, the Charity Cup.

Owner Dan Hahn said, "As a first time sponsor of Rotary's 2021 major fundraiser, the golf Charity Cup, we are proud to join in helping Rotary and all the good work they do here on our islands and across the world."

The golf outing fundraiser will be held on Saturday, February 13 at Sanibel

Island Golf Club and replaces the Rotary Arts and Crafts Festival, which was canceled due to coronavirus concerns.

Highlights include: prizes for the lowest scoring team; skill prizes for closest-to-the-pin, longest drive and most accurate drive; a hole-in-one tournament with a Yamaha golf cart prize; and cash prizes for three balls closest-to-the-pin from a helicopter ball drop

Registration for participation in the tournament can be completed online at www.sanibelrotary.org at the "Golf Charity Cup" tab. Registration forms are also available at Bank of the Islands on Sanibel, 1699 Periwinkle Way.

For sponsorship information or to make a personal contribution, contact Bill Rahe at 395-2147.*

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Jason's Results on Council

Budget

Balanced all 4 years, no taxes raised, and pension funded from 50% to 80%.

Water Quality

Coastal resiliency projects to tackle erosion, the Donax Water Reclamation Plant, and the Jordan Marsh built.

Services

New Senior Center and CHR offices procured, pushed the modernization of the Police Office to provide dedicated space for female officers.



What Our Island Needs

★ Recovery from COVID-19

★ Fight for Water Quality

★ Continue Balancing Budget

★ Support Our Businesses

★ Smart Growth

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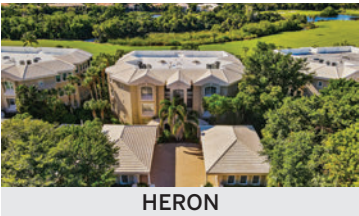
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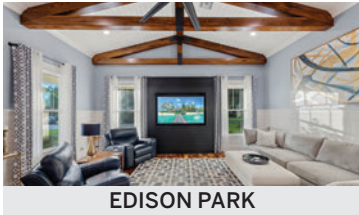
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1



2



3

1. REMODELED IN VICTORIA COVE - EAST END / SANIBEL

- 4 BR + den/ 4 bath home on Sanibel's East end, steps to the beach with private boat dock & 16k lift.
- Gorgeously remodeled, large porches, private pool & spa, top floor master with sundeck and Gulf views
- **\$2,300,000 EURO 1,936,499**

2. ON THE WILES SIDE - CAPTIVA

- 3 BR/2 BA home that just finished a total remodel with attention to every detail
- Fabulous pool oasis with tropical flora and just steps to the beach access
- **\$1,975,000 Euro 1,813,860**

3. BLIND PASS CONDO - SANIBEL

- 2 BR/2 BA bright ground floor condo in community just steps to world famous Bowman's Beach
- Community offers: large heated pool, BBQ grills, tennis, on-site office, and more!
- **\$485,000 EURO 396,021**

4. MAGAZINE READY HOME IN THE SANCTUARY - SANIBEL

- 5 BR/ 5/1 BA property situated on the bay & intercoastal waterway and framed in by the Sanctuary's signature 4th hole.
- Boasting 11,000sqft, the interior finishes include luxurious accent wall of glass, walk-in wine cellar, marble inspired Cambria counters, statement light fixtures & over a million dollars in updates.
- **\$2,998,000 EURO 2,658,932**

5. BRIGHT & AIRY CONDO IN THE SANCTUARY

- Spacious 3BR/3.5 BA condo with private garage that lives like a home
- TROPICALLY landscaped golf course views, abundance of natural light throughout, 10ft ceilings with crown molding, and elevator to private entrance
- **\$749,900 EURO 632,117**

6. DIRECT ACCESS CANAL HOME WITH PRIVATE DOCK - SANIBEL

- 3BR/ 2 BA ground level home on corner lot in Water Shadows community
- Remodeled home with garage and private pool overlooking the canal
- **\$899,000 EURO 734,303**



4



5



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7



8



9

7. CAPTIVA'S GOLD COAST

- 3 BR/3 BA home located on the Roosevelt Channel with private boat house and lift
- Beautifully remodeled, tropical landscaping, channelside pool, and incredible water views
- **\$2,250,000 EURO 2,002,313**

8. PRIVACY MEETS PARADISE IN THE DUNES - SANIBEL

- 4BR/3.5 BA home located at the end of a cul-de-sac with panoramic lake and golf course views
- Open kitchen, screen enclosed pool and lanai, new roof and whole house generator
- **\$799,000 EURO 657,283**

9. CAPTIVA VILLAGE HOME W/ GULF VIEWS

- 4 BR home w/ pool located just 1 property from the beach on Wightman Lane
- Rental company estimates \$180k annually. New septic, roof, generator, & offered furnished
- **\$2,250,000 Euro 1,864,852**

10. CAPTIVA VILLAGE HOME WITH STUNNING GULF VIEWS

- 3 BR/4 BA fully remodeled home just 1 back from the beach. Designed to take advantage of Gulf views from every level, interior features incld wood floors, stainless steel kitchen, & stone fireplace.
- Outdoor areas include multiple lanai's, a grotto inspired pool & spa, wet bar & shower.
- **\$3,395,000 EURO 3,021,269**

11. 4 BEDROOM HOME ON INTERSECTING CANAL - SANIBEL

- 4 BR/3 BA home with boat dock, lift, and private pool
- Large kitchen, private elevator, multiple lanai's including rooftop deck with Bay views
- **\$2,095,000 EURO 1,708,046**

12. NEAR BEACH HOME OFF WEST GULF DRIVE - SANIBEL

- Fully furnished 3 BR/ 2 BA home (Currently configured as a 2 BR)
- Recently remodeled with coastal finishes, impact resistant windows
- **\$649,500 EURO 547,486**



10



11



12

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Frankly Speaking

by Howard Prager



A couple of days to go to Super Bowl LV, so let's start there today. The platitudes are growing daily, with this being considered "the greatest" Super Bowl because it

features the GOAT Tom Brady and potential future GOAT Patrick Mahomes.

The game will have two coaches that are beloved by their players and hadn't won a Super Bowl before last year (when Andy Reid won his first). Both coaches, Reid and Bruce Arians, are said to be "players coaches" albeit with different styles. Reid does it with "being a father figure kind of role," according to Chiefs All-pro tight end Travis Kelce, "getting the best out of everybody." Until last year, he had more wins than any coach in NFL history without a ring. Tom Brady speaks similarly of Bruce Arians, a two-time coach of the year. According to Tom Brady, "He's just got a great way of communicating effectively with everybody around here." And as I'm sure you've seen 1,000 times, it's the first time a home team is playing in the Super Bowl, albeit with far fewer fans than normal, 25 percent of whom will be health care workers and first responders. It's also only the second time that the past two championship quarterbacks (QB) are facing off against one another in the title game. The first was back in 1943 with the Bears' Sid Luckman and Washington's Sammy Baugh. And Brady could become only the second QB to win a Super Bowl with two teams. The other? Peyton Manning. One more for the Bucs is that they are the first team in 10 years to reach the Super Bowl despite not winning their division.

Let's stick with Brady a minute more.

Last year, I wrote a column about how many superstars who changed teams faded and didn't produce at that high a level afterwards. There are a few that did who stand out. The Cincinnati Reds traded Frank Robinson to the Baltimore Orioles in 1965. The Orioles swept the Dodgers in the World Series and Robinson swept the honors, winning the AL triple crown and World Series MVP. NBA star Oscar Robertson was traded in 1970 from Cincinnati (the city hadn't learned not to do that) to the Milwaukee Bucks and helped Kareem Abdul-Jabbar (then Lew Alcindor) win a title. Will Brady be the third? Other superstars who did manage to win in later years with their new teams after they were traded include Babe Ruth (sorry Red Sox fans), Manning, Abdul-Jabbar, LeBron James and Ray Bourque. And speaking of trades, what a blockbuster deal between Detroit and the LA Rams trading QBs (and some draft choices). Can Stafford help the Rams get back to the Super Bowl when he couldn't lift the Lions? And what about Goff, will he even be the starter in Detroit?

Baseball (MLB) and the players union (MLBPA) appear to have the most challenging of all relationships in sports. MLB released their plan to news outlets last weekend to delay spring training and opening day a month, along with several rules that were put in place for last year's pandemic-shortened season. The union rejected it on Monday, citing lack of salary or service-time protection in the event of any delays or cancellations due to COVID-19. MLB says the rule changes are fan-friendly, but is now aiming for an on-time start. With less than three weeks to go until spring training begins, it would be nice for fans everywhere and especially in Florida to know what those plans are. It's also a contract year for the MLBPA and seems like some trust building activities could help before these negotiations begin in earnest. By the time you read this, who knows what else may change. I just read that former Cubs President Theo Epstein, who is a

consultant to MLB in "on-field matters," is now also an "executive-in-residence" to Arctos Sports Partners, a private-equity firm dedicated to buying minority shares of professional sports teams. To me, it seems like a potential conflict of interest.

After saying there was little movement in baseball a few weeks ago... Bam!, all sorts of action is occurring with trades and signings as well as sell-offs. The Cubs have already raised the white flag before a pitch is even thrown as they begin to dismantle their 2016 championship team. Colorado may be thinking the same thing after trading their star, Nolan Arenado to the Cardinals, who should now be the favorites to with the NL Central. Other teams with big signings include the Mets, White Sox, Yankees, Phillies and Blue Jays.

Instead of a good news story today, let's conclude with some baseball history. All the way back. The National League started 145 years ago this week (February 2, 1876 for those keeping track) and 120 years ago the American League was formed (January 28, 1901 in Chicago). In 1903, the World Series was established with the winner of each league playing each other, starting with the Boston Americans (later the Red Sox) against the Pittsburgh Pirates. The New York Giants won the NL crown in 1904 but refused to play the Americans due to a business rivalry between the two leagues and personal animosity of Giants owner John T. Brush and manager John McGraw with AL president Ban Johnson. In 1905 after winning the NL again, the Giants

agreed to participate in the World Series against the AL's Philadelphia Athletics in an effort to win back fan approval. "Many fans were upset by the Giants' 'no thanks' attitude of the previous year, and it was clearly visible in their regular season attendance" according to Wikipedia. So fans, our voice has been heard in the past, and I believe will continue to be heard. In the meantime, enjoy Super Bowl 55!

*Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.**

From page 1B

Zonta

items; please note the appraisals will be informal, i.e. not certified. Social distancing and masking will be observed. Reservations will open on Eventbrite on Monday, February 15.

As always, all proceeds will be awarded in grants to organizations whose mission of empowerment mirrors Zonta's own.

For information on all Zonta's projects, including Peek Repurposed, service and advocacy activities, or to donate, visit www.zontasancap.org. Follow Zonta Sanibel-Captiva on Facebook and "like" Zonta Sanibel-Captiva (@zontasancap) on Instagram.*

SPORTS QUIZ

1. What NFL wide receiver holds the record for most yards from scrimmage in a game with 336, set in the 1989 season? (Hint: Despite his nickname, he never played for the Miami Dolphins.)
2. What ABC sportscaster had the unfortunate task of reporting "They're all gone" in the aftermath of the 1972 Munich Olympics hostage crisis?
3. The Autodromo Internacional do Algarve is a racetrack located in what country?
4. Name the 1980 Scripps National Spelling Bee champion who became the event's official pronouncer in 2003.
5. What two English Premier League football clubs play each other in the Second City Derby rivalry match?
6. What Michigan Wolverines running back was selected by the New York Giants in the first round of the 1995 NFL Draft?
7. What Oklahoma City Thunder player led the NBA in blocks per game for two straight seasons from 2011-13?

ANSWERS

1. Willie "The Flipper" Anderson. 2. Jim McKay. 3. Portugal. 4. Jacques Balle. 5. Aston Villa F.C. and Birmingham City F.C. 6. Tyrone Wheatley. 7. Serge Ibaka.



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Calli Johnson

photo provided

Why I Support Our United Way

submitted by Calli Johnson

I would like to share my passion for United Way with the greater Sanibel and Captiva community and invite community members to join me in learning more about this organization. United Way touches every life in Lee County, whether you have benefited from their services or know someone that has benefited from their services. United Way is a social service organization that helps connect

nonprofits in our community with funding as well as offering programs like VITA Free Tax Prep, United Way 211, and Mission United for our veterans.

My name is Calli Johnson; I work with my family to run Bailey's General Store and The Island Store, along with a few other small businesses. We work alongside roughly 120 staff members who live in all areas of Lee County. United Way has assisted or provided funding to an agency that has assisted several of our team (and likely more I am unaware of). As an employer, we care greatly about our staff, but cannot always help them in certain situations. We are proud to support United Way, the organization we know will be there for our team when we don't have the opportunity/ability. I am also a board member for United Way because of my passion for this organization and the variety of outstanding services it offers our community.

The reasons we support United Way and encourage you to learn more about this amazing organization are simple. United Way is one of the best values for nonprofit donations in our county. As a young person in the business community, making sure my donations are well spent is incredibly important to me. The accountability United Way offers donors is unparalleled. Fund distribution teams, with other business professionals like myself, review each organization each year in order to ensure my and your dollars are being invested appropriately in our community. Lastly, United Way is a "one stop shop" for anyone in our area that requires assistance, and provides a

coordinated follow-through to anyone that calls their 211 line – a health and social services hotline.

If I have convinced you to learn more

FlyFishers To Host Online Meeting



Mike Schultz photo by Doug Coombe

On Thursday, February 11, Sanibel FlyFishers will host James Javaruski, the 2020-21 scholarship recipient at FGCU Water School. Javaruski will take members through his research and activities at FGCU this year.

Mike Schultz of Schultz Outfitters in Ypsilanti, Michigan will also make an appearance. Schultz has built a following chasing big smallmouth bass all over the Midwest and has hosted trips to Kamchatka, Belize, Louisiana and the

about our United Way, contact me directly at cjohnson@baileys-sanibel.com or look for future informational events coming this February.✱

Bahamas for more exotic species.

The meeting will be held on Zoom beginning at 6 p.m. Link: http://bit.ly/Sanibelff_Feb2021.

All are welcome. Visit facebook.com/sanibelflyfishers for more information. Check out the club's YouTube Channel for videos of past meetings at https://bit.ly/Sanibelff_YTube.

For more information, email sanibelff@gmail.com.✱



James Javaruski

Grief Support Group Meetings

Sanibel Community Church is offering a GriefShare program in the Family Life Center on Tuesdays at 5 p.m. The program is open to anyone who has lost a loved one, and there is plenty of room for social distancing. Sessions feature a video, book, discussion and support.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, contact Maryelle Pavelka at 850-4221 or Robert Adams at 408-569-5440.✱

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Health First

Understanding Plant-Based Protein Sources



by Julie Rosenberg, MD

More and more people are interested in reducing their use of animal products. While plant-based foods are widely available, it's not necessarily easy for

those of us to have reduced or eliminated meat from our diet to ensure that we eat enough protein.

Opinions vary regarding how much protein adults need per day. The amount of protein that a person needs per day depends on many factors, including activity level, sex, age, muscle mass and overall health. The DRI (Dietary Reference Intake) is 0.36 grams (g) of protein per pound of body weight, which amounts to about 56 g per day for an average man and 46 g per day for an average woman.

Read on for a list of nine excellent sources of plant-based protein.

1) Quinoa – Quinoa is a grain with a high protein content. Quinoa is a complete protein, which means that it contains all nine essential amino acids. Amino acids are the building blocks of protein; the human body creates 11 amino acids but must get another nine (essential amino acids) from food.

Cooked quinoa contains 8 g of protein per cup. This grain is also highly versatile, as it is rich in other nutrients, such as magnesium, iron and fiber. Quinoa is a good substitute for pasta or rice, and it can even be eaten as a main course.

2) Tofu – Tofu is made of soybean curds pressed into blocks. It's free of

cholesterol and low in saturated fat. One-half cup of tofu contains more than 10 g of protein.

Tofu takes on the flavor of whatever you cook it with, so it's easy to use in many dishes such as in "meatless" chicken salad or egg salad, or in stir-fry dishes.

3) Tempeh – Tempeh is made from fermented soybeans and contains more protein than tofu. One-half cup of tempeh has over 16 grams of protein. You can marinate tempeh before cooking, which gives it a great flavor.

4) Seitan – Seitan is made from cooked wheat gluten – so individuals who are gluten-intolerant should not eat it. For others, seitan is a good protein source as it has over 11 grams of protein per each one-half cup. Seitan takes on the flavor of any added seasonings, so it's easy to work with.

5) Jackfruit – Did you know that jackfruit can take the place of meat? Jackfruit is full of vitamins, minerals, antioxidants and fiber, and has about 2.6 grams of protein per cup. You can use it as an alternative for shredded meat such as pulled chicken or pork recipes. I've eaten jackfruit in tacos, and really enjoyed it. It has a great texture and flavor. However, while jackfruit has more protein than fruit, it has significantly less protein than meat or some of the other plant-based proteins, such as tofu or tempeh.

6) Lentils – For a good protein/fiber combination, lentils are a great choice. One cup of lentils contains more than 15 grams of protein and 15 grams of fiber. Lentils can be added to stews, salads or rice to give an extra portion of protein. They can also be a delicious substitute for ground meat in tacos, chili and soups.

7) Chickpeas – Cooked chickpeas (garbanzo beans) are a good source of both protein and fiber – one-half cup of chickpeas provides more than 7 grams of protein and 6 grams of fiber, with low fat and no cholesterol.

8) Peanuts – Peanuts are protein-rich – they contain around 20.5 g of protein per one-half cup. Peanut butter is also

rich in protein, with 3.6 grams of protein per tablespoon, making peanut butter sandwiches a healthful, complete protein lunch.

9) Chia seeds – Chia seeds are a complete source of protein and are rich in fiber and omega-3 fatty acids. They contain 2 g of protein per tablespoon. Chia seeds are a great addition to a smoothie and can be sprinkled on top of yogurt. You can also soak them in water or almond milk to make a delicious pudding.

In summary, there are many good sources of plant-based protein; I've discussed nine of my favorite plant-based

protein sources in this article. It's important to understand your individual protein needs and to eat a varied diet to ensure that you get all the essential amino acids. Seek support from your doctor or nutritionist if you need help in choosing the best things to eat.

Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www.drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.✱

Advanced Cardiac Care Program At Hope

submitted by Samira Beckwith

Hope Healthcare provides comforting care to everyone in our community living with serious illness. Since it has served as Southwest Florida's safety



net for more than 40 years, it's likely that you, a family member or friend has been touched by one of Hope's programs or services. This February, American Heart Month provides an opportunity for a "heart-to-heart" about a Hope program you might not be familiar with – our Advanced Cardiac Care Program.

This Hope program was specially created to offer care, comfort and peace of mind to people in our palliative care and hospice programs living with advanced or end-stage cardiac disease, along with chronic cardiac conditions

such as congestive heart failure, arrhythmias and past cardiac arrest.

Hope knows everyday living can be a challenge with a chronic heart condition. Using a holistic approach, we work as part of the patient's current care team, providing practical and emotional support to participants. We also help educate their families and care partners. We teach them how to help control physical symptoms like fatigue and low energy, shortness of breath, weakness and pain, and manage the loss of appetite and increased stress, anxiety and depression many people with cardiac conditions experience. As with all Hope programs, our goal is to improve the quality of life for both the patient and their loved ones.

Hope's physicians work in concert with the patient's doctors, including their cardiologist and primary care provider, while adding additional care with a support team of nurses, aides, social workers, therapists and volunteers to create a personalized treatment plan. Whether they are at home – like more than 90 percent of the people we care for – or at one of our Hope Care Centers in Fort Myers, Bonita Springs, Cape Coral and Lehigh, people can receive medical care, medications and supplies. With a goal of reducing

continued on page 22B

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Officials cut the ribbon during a ceremony for the new ICU unit

photo provided

New ICU Unit At Gulf Coast Medical Center

Gulf Coast Medical Center staff recently held a small ribbon cutting ceremony to mark the opening of its new 52-bed intensive care unit (ICU). Another milestone in the ongoing hospital expansion, the new unit encompasses two floors – a second floor medical and surgical ICU and third floor neuro ICU – to better care for patients with specialized needs. The new ICU unit opened ahead of schedule and is in preparation for the relocation of Lee Health's trauma program to Gulf Coast Medical Center later this year.

"With the continued growth that is expected throughout Southwest Florida, the new ICU unit allows us to enhance patient care and improve our system-wide bed capacity efforts," said Larry Antonucci, MD, MBA, Lee Health president and CEO. "The expanded unit is another way Lee Health is demonstrating its commitment to provide the best service and care for our patients."

Both floors are equipped with state-of-the-art technology and feature two negative air pressure rooms, a bariatric lift room, expansive family waiting area, large equipment room, medication room, nourishment center for patients and families, and numerous physical therapy substations. Additionally, boom rooms maximize efficiency and minimize clutter to provide easy access to electrical power and data services. High tech electronic computer boards provide staff members with up-to-the-minute statuses on patient conditions, and each floor is staffed with its own pharmacist and pharmacy station. All rooms feature floor to ceiling windows and provide an abundance of natural light.

Gulf Coast Medical Center has recently undergone a series of transformations – part of a \$347 million expansion project – with the final phase set to complete later this year. Gulf Coast Medical Center is a certified comprehensive stroke center. The hospital was recently awarded the

highest national marks for safe care by The Leapfrog Group. Along with Lee Health's three other adult acute care hospitals, Gulf Coast Medical Center earned an "A" grade for the fourth straight report card.

For more information, visit www.leehealth.org.

Insurance Tip

Flood Insurance: When To Assume



by Angela
Larson Roehl

National Flood Insurance currently allows its flood policies to be assumed by new property owners if the current owner grants permission.

The reason for a buyer to assume a seller's flood insurance policy is to retain the current rated flood zone and avoid being rated from a higher rated flood zone. However, a buyer may choose to assume a flood policy in order to avoid the mandatory 30-day wait for flood insurance if there is not a lender requirement.

The other reason a buyer may want to assume a flood policy is to avoid having to have a new flood elevation certificate done on the property should a flood elevation certificate not be available for a new flood policy to be rated.

If a seller allows their flood insurance to be assumed, then they understand that any unearned premium they would have received via a refund will be paid to them by the buyer. Usually, the title company handling the closing can arrange the collection from the buyer.

The flood policy being assumed keeps the original effective and expiration date.

Angela Larson Roehl is a local Sanibel-Captiva insurance agent with over 20 years of insurance experience, who can be reached at info@rosierinsurance.com.

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Beautifulife:

The New Smile



by Kay Casperson

I don't know about you, but I certainly do miss seeing everyone's beautiful smiles. Since the pandemic and everyone wearing masks indoors and unable to social distance, it has been hard

to see people's expressions. I, for one, have always smiled when I pass someone. Sometimes, I will even say hello, but I feel that my smile just might brighten someone's day.

So, how do you let others know that you are smiling even when your face is covered? Now more than ever, we need to express ourselves through our eyes. Have you heard the term "Smizing?" Instead of walking right by someone or giving a blank stare, we need to try to make our eyes sparkle and shine. You need to continue to smile so your eyes also reflect this.

I can tell even under a mask if someone is smiling as your eyes become more squinted. Other ways to express yourself is to raise your eyebrows, give a little wink and, of course, the good old hello doesn't hurt either. You might even want to try to use some gestures like a tilt of your head, a little wave, a

thumbs up, or a peace sign to brighten someone's day.

It has been a crazy year for us all. Yesterday is behind us now, but ahead of us is still going to be a time for healing and ongoing caution and protection. So, as long as the masks are around, let's try to do our best to help people see a hidden smile. You never know who just might need to have their day brightened and their spirits lifted.

William Shakespeare, who often found inspiration from the bible for his plays, once said, "Eyes are the windows to the soul." I firmly believe that is true. In this much needed time of inspiration and positivity, I encourage you to let your eyes do the talking and let your heart be heard.

My affirmation for you this week is: "I will express my positive vibes even beneath the mask by letting my eyes do the smiling."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.*

Read us online at www.IslandSunNews.com

dearPharmacist

How BPC 157 Helps Tendons And Your Tummy



by Suzy Cohen, RPh

Dear Readers: I recently introduced you to BPC 157, which is made of amino acids that originate from a protective stomach protein. The

final result is considered synthetic, even though it is derived from natural stomach compounds. BPC 157 has been around since the 1990s, but only now are we seeing more research on how it can help quickly support the body's gastrointestinal, brain and musculoskeletal system. Most of the animal research was done on animals showing support for BPC 157's ability to positively impact muscles, ligaments, tendons, teeth, bones and intestines. A rabbit study suggests this compound can even heal bones to some extent.

Is it a drug, an herb or a vitamin? It's none of those. BPC 175 is a peptide (like a tiny protein). It is not a drug and it's not an herb, and yet it is sold as a dietary supplement (mainly online) in a growing category of supplements called "peptides." The peptide supplements are gaining popularity quickly, especially those that can be given orally. Most peptides require a tiny needle to be self-injected via the subcutaneous (SQ) route. While we are learning more and more about BPC 157, it's a good idea to check with your primary care physician or pharmacist to see if this or any supplement you take, can interact with any prescription you take, or adversely affect your medical conditions. It is a growth factor and, as such, it increases angiogenesis which can be problematic for some people especially those with cancer.

The positive scientific data for BPC 157 abounds. Some say it can offset fatigue from intensive exercise, even though its main claim to fame is for reversing GI damage inflicted by drinking alcohol, having Celiac, or "leaky gut" syndrome, or from taking NSAID medications. You know the NSAIDs as aspirin, ibuprofen,

naproxen, ketoprofen, oxaprozin and indomethacin and these drugs sometimes cause ulcers in the elderly.

Most physician's treating NSAID-induced ulceration don't know about this peptide yet, in fact, because they almost always use conventional drugs such as misoprostol or acid-reducing medications. The trials suggest that BPC 157 can help to repair the lining of the GI tract. No surprise there since it is derived from a protective protein naturally found in our gastric juice.

The following claims have been validated by animal studies include:

Supports healing of soft tissue
Supports a healthier allergic response to natural triggers

Improves intestinal and bowel problems

Repairs and protects the liver, gut and pancreas

Supports healthy blood pressure numbers

Improves serotonin transport which impacts mood

If you are interested in learning more about BPC 157 and its other uses, I wrote a longer version of this article that includes some research links, and I can email you that. Just sign up my free newsletter at www.suzycohen.com. To purchase BPC 157 oral supplements, check online right now, as it is not widely available at the health food stores yet and remember to ask your practitioner(s) if it's right for you.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

From page 20B

Cardiac Care

cardiac-related emergency room visits or hospitalizations, we can facilitate home treatments to minimize discomfort and maximize treatment compliance with cardiac surveillance and 24/7 support.

Through symptom control and physical therapy, along with complimentary therapies like music, art and massage, Hope's Advanced Cardiac Care Program helps people increase strength, improve movement and conserve energy. Most importantly, it gives them and their loved ones emotional and spiritual support, and time to focus on what really matters most.

*Samira K. Beckwith is president and CEO of Hope Healthcare.**

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Doctor and Dietician

Drugs And Shots:
Not Only Options
For Joint Painby Ross Hauser, MD
and Marion Hauser, MS, RD

Chronic pain causes a tremendous burden and cost to the health care system as well as having potentially devastating effects on the lives of the people suffering from it. Over-the-counter pain medications sales are soaring. NSAIDs (nonsteroidal anti-inflammatory drugs) have become the most commonly used drugs in the world. People joke about Motrin being taken daily like a multi-vitamin. These medications, while they have their place, should most definitely not be taken on a regular basis.

Having worked diligently in the field of regenerative medicine and chronic pain for 30 years, we have seen the damaging effects that NSAIDs and steroids have on people's joints. Many people are looking to avoid joint replacement surgery, especially now, when nobody wants to be admitted to the hospital. Unfortunately, some people suffering from hip, knee, shoulder, or other joint pain, ingest anti-inflammatory medications as if they were candy, then receive cortisone shots to tide them over until they become "an appropriate candidate" for joint replacement surgery. Don't get us wrong, joint replacements can help a lot of people. But it may not be the type of help you are looking for right now.

New research published in the December 2019 issue of *Radiology* entitled *Intra-articular Corticosteroid Injections in the Hip and Knee: Perhaps Not as Safe as We Thought* confirmed what we have known to be true for

many years. Corticosteroid triamcinolone increases knee cartilage destruction, the risk of joint surgery, the need for secondary surgery and possibly higher risk for post-surgical infections in the joint. It can alter the healing environment of the joint by effecting damage on the native stem cells in cartilage.

Some physicians do not tell patients about these risks, thus patients agree to receive cortisone injections without fully understanding the long-term effects. The Radiological Society of North America, the publishers of the journal *Radiology*, listed these important points: "Steroid injections may lead to joint collapse or hasten the need for total hip or knee replacement." Ali Guermazi, MD, PhD, professor of radiology and medicine at Boston University School of Medicine, and lead researcher of the study found "corticosteroid injections may be associated with complications that potentially accelerate the destruction of the joint and may hasten the need for total hip and knee replacements... We've been telling patients that even if these injections don't relieve your pain, they're not going to hurt you. But now we suspect that this is not necessarily the case."

The fact that new research is pouring in on the detrimental effects of cortisone injections should not convince anyone that suddenly medicine is being alerted to the risk of corticosteroids. The dangers of cortisone injections have long been known. But in eagerness by health professionals and the patients themselves to get instant relief, the dangers were accepted as part of the treatment. In other words, "let's manage the pain until the patient is ready for joint replacement treatment."

In 2009, we wrote in the *Journal of Prolotherapy*: "It is our opinion that there is no doubt that the rise of osteoarthritis, as well as the number of hip and knee replacements, is a direct result of the injection of corticosteroids into these joints." At Caring Medical, our solution is to fix the joint or spine by rebuilding and repairing damaged tissue with regenerative injection treatments: prolotherapy with platelet rich plasma.

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the

*Hauser Neck Center are located in Fort Myers. They can be reached at info@carimgmedical.com.**

Got A Problem?
Dr. Connie Is Inby Constance
Clancy

Q: I would like to try telehealth counseling. Is this something that could work?

A: With the COVID-19 virus still with us, many therapists have taken courses to

provide telehealth counseling.

With the increased need for services, telehealth is a valuable means to discuss current issues a client is experiencing.

Some clients like to talk via telephone, others like zoom sessions or facetime. It is important that you as the client have a private place to have your session. Know that confidentiality is honored just as if you were in the counselors private office.

With so much uncertainty, remote counseling is definitely becoming increasingly more popular.

When selecting a therapist, inquire about remote counseling and if it is offered. Some clients prefer to see the therapist in person initially, then follow up remotely. There are therapists who offer in office counseling with masks

and distancing. You may want to select a therapist who is licensed in your state, and interview the therapist to see if you feel comfortable to have remote sessions.

Telehealth offers flexibility right from your own home and can be every bit as beneficial as in-person counseling.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.*

Take The Time
To Recover From
Drug Addiction

Narconon suggests that an addict attend a program longer than the traditional rehabilitation stay. An addict needs more than 28 days to physically heal from the damage that drugs and alcohol have done to their body. The shorter but "more convenient" rehabilitation stays are not as effective. An addict should take the time to get better physically before tackling emotional issues. They will then have the best chance at remaining clean and sober for good.

For more information on choosing treatment, visit www.narconon-suncoast.org/blog/long-term-treatment-vs-traditional-28-day-program.html. Call 1-877-841-5509 for a no cost screening or referral.*

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- offering PROTECTION for you and your loved ones in times of incapacity or uncertainty
- providing the PEACE OF MIND knowing everything goes where you want when you pass
- Most importantly, is your plan up-to-date and Florida-compliant?

by Craig R. Hersch
Florida Bar Board Certified Wills,
Trusts & Estates Attorney, CPA &
Island Sun Columnist

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Sanibel Police.....	472-3111
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On Call Captiva Deputy.....	477-1000
Fire Department, Sanibel	472-5525
Fire Department, Captiva	472-9494
Florida Marine Patrol.....	332-6966
Florida Highway Patrol	278-7100
Poison Control.....	1-800-282-3171
Chamber of Commerce.....	472-1080
City Council	472-4135
City Building Department.....	472-4555
City Manager	472-3700
City Planning & Code Enforcement Department	472-4136
City Public Works	472-6397
Library, Sanibel	472-2483
Library, Captiva	239-533-4890
Lee County Mosquito Control	239-694-2174
Post Office, Sanibel	472-1573
Post Office, Sanibel (toll free)	800-275-8777
Post Office, Captiva.....	472-1674
Sanibel Community House.....	472-2155
Center 4 Life, Senior Center.....	472-5743
ARTS	
Arcade Theater.....	332-4488
Art League Of Fort Myers.....	275-3970
BIG ARTS.....	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony.....	277-1700
Herb Strauss Schoolhouse Theater.....	472-6862
Lee County Alliance for the Arts	939-2787
Naples Philharmonic.....	597-1111
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.org
Southwest Florida Symphony	418-0996
Symphonic Choral of Southwest Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA.....	http://abwasanibelcaptiva.org
American Legion Post 123.....	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon of SWFL.....	https://www.audubonswfl.org/
Audubon Society.....	472-3744
Bailey-Matthews National Shell Museum	395-2233
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW, Clinic For The Rehabilitation of Wildlife.....	472-3644
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) 211	984-5920
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH OF SANCAP 24-hr service.....	472-0404
Horticultural Society of the Islands.....	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
JN "Ding" Darling National Wildlife Refuge	472-1100
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald.....	302-521-1158
Master Gardeners of the Islands	472-6940
Military Officers Assc. of America, Alex MacKenzie ..	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club.....	472-0836
PAWS, Protection of Animal Welfare Society	239-313-6918
Progressive Club of the Islands	pcisancap@gmail.com
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.....	470-2866
Sanibel-Captiva Orchid Society.....	472-6940
Sanibel-Captiva Power Squadron	www.sancapboating.club
Sanibel-Captiva Republican Caucus.....	395-0819
Sanibel-Captiva Shell Club.....	267-7291
Sanibel Historical Museum & Village	472-4648
Sanibel Island Fishing Club	472-8994
Sanibel Youth Soccer.....	395-2040
SCCF Sanibel-Captiva Conservation Foundation.....	472-2329
SCCF Sea Turtle Hotline.....	978-728-3663
Shell Islands Garden Club	246-8875
United Way of Lee County - 24 hour helpline 211	433-2000
Zonta Club	728-1971

To be listed in calling card email your information to:
press@islandsunnews.com

PUZZLES

Answers on page 31B



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Heave
CRUHL

Shake
MORTER

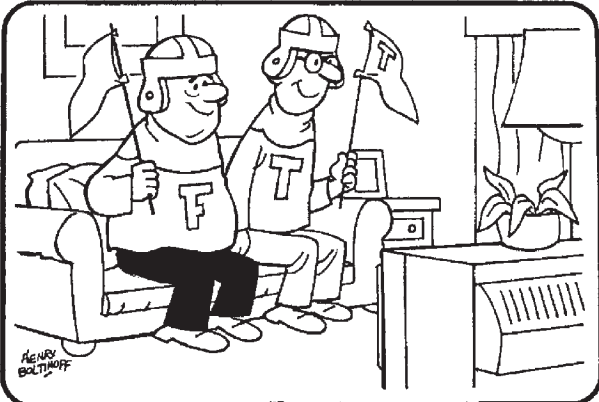
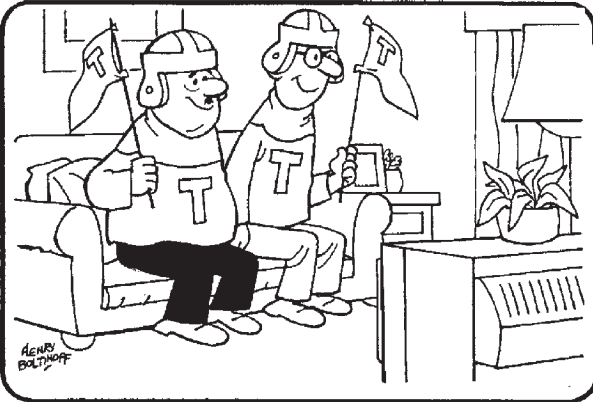
Hitch
RECUSE

Meld
MELIGN

TODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Letter on flag is missing. 2. Mustache is gone. 3. Vase is missing. 4. Drawer knob has been added. 5. Letter on shirt is different. 6. Plant has fewer leaves.

To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

		6	7				3	
5				8				2
	7				6	9		
		9		7				6
7			2				9	
	4				3	8		
		3	5	1		7		
1			4					5
	9				7		6	

PETS OF THE WEEK

Lee County Domestic Animal Services

Baxter And Josie



Baxter ID# A846754

photos provided



Josie ID# A850104

family would be a perfect match.

My adoption fee is \$75.

Hi, I'm Josie. I am 3-year-old gray female domestic shorthair. I am waiting for my Valentine date to come adopt me so that I can share my love with someone. My beautiful tuxedo coloring and easygoing personality are a great combination for any family that chooses to make me part of their own.

My adoption fee is \$50, and you can another kitty for free when you adopt me.

*Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.**

Lee Health Seeking Blood Donations

Lee Health is seeking blood donations to help replenish supply levels. As home to the region's only trauma center, it is vital that the health system's blood supply remains at healthy levels in order to quickly care for patients needing an urgent transfusion. Blood and blood products are not only used in the trauma center, but also to treat cancer patients, premature babies, anemia and a variety of other conditions.

The Lee Health Blood Mobile will be at numerous locations throughout Southwest Florida in February:

St. Matthews House, 13140 Metro Parkway, Fort Myers, February 6, 8:30 a.m. to 2:30 p.m.

First Christian Church of Cape Coral, 2620 Country Club Boulevard, Cape Coral, February 7, 9 a.m. to 1 p.m.

Lee Health Coconut Point, 23450 Via Coconut Point, Bonita Springs, February 8, 10 a.m. to 3 p.m.

The Outpatient Center at Surfside, 2441 Surfside Boulevard, Cape Coral, February 9, 9 a.m. to 1 p.m.

Iona/College Pt. Fire Station #74, 6061 South Pointe Boulevard, Fort Myers, February 11, 8 a.m. to noon

Sanibel Straits, 16100 Myriad Lane, Fort Myers, February 12, 1 to 4 p.m.

First Christian Church of Fort Myers, 2061 McGregor Boulevard, Fort Myers, February 14, 8 a.m. to 1 p.m.

Santa Barbara Professional Building, 224 Santa Barbara Boulevard, Cape Coral, February 15, 8 to 11 a.m.

Estero Chamber, 21115 Design Parc

Lane, Estero, February 16, 9 a.m. to 2 p.m.

Neogenomics Laboratories, 2701 Commonwealth Drive, Fort Myers, February 17, 8 a.m. to noon

Lee Co. VA Clinic, 2489 Diplomat Parkway East, Cape Coral, February 18, 10 a.m. to 2 p.m.

Fifth Third Bank, 2724 Del Prado Boulevard, Cape Coral, February 18, 3 to 5 p.m.

High Point Place, 2104 West First Street, Fort Myers, February 20, 10 a.m. to 2 p.m.

Gulf Coast Church of Christ, 9550 Ben Pratt, Fort Myers, February 21, 8:30 a.m. to 12:30 p.m.

Early Childhood Learning, 3650 Michigan Avenue, Unit 4, Fort Myers, February 22, 1 to 4 p.m.

21st Century Oncology, 2234 Colonial Boulevard, Fort Myers, February 22, 9 a.m. to noon

Sievert Clinic, 3880 Colonial Boulevard, Fort Myers, February 22, 9 a.m. to 1 p.m.

Hahn Loeser & Parks LLP, 2400 First Street, Suite 300, Fort Myers, February 22, 2 to 5 p.m.

The Community House, 2173 Periwinkle Way, Sanibel, February 22, 10 a.m. to 3 p.m.

Bailey's General Store, 2477 Periwinkle Way, Sanibel, February 25, 9 a.m. to 3 p.m.

All blood donated at Lee Health stays within the health system to care for patients in Southwest Florida. If unable to attend one of the upcoming blood drives, donations can also be made at one of Lee Health's blood centers.

For more information on how and where to donate, visit www.leehealth.org/our-services/blood-centers.*

My Stars ★★★★★

FOR WEEK OF FEBRUARY 1, 2021

Aries (March 21 to April 19) A gracious Lamb can learn more about a problem-filled situation than one who is openly suspicious of what could be happening. A friend might offer some well-directed advice.

Taurus (April 20 to May 20) Getting adjusted to an unexpected change might be difficult for the Bovine, who prefers things to go according to plan. But help could come from a most welcome source.

Gemini (May 21 to June 20) This could be a good time to get a head start on those career-related plans. The sooner you check out the pluses and minuses, the sooner you can act on your information.

Cancer (June 21 to July 22) A personal situation you thought would no longer present a problem could suddenly produce some surprises. Try to sort things out with the help of trusted colleagues.

Leo (July 23 to August 22) An upcoming move holds both anticipation and anxiety for Leos and Leonas who have some big decisions to make. Advice is plentiful, but it's up to you to decide which way you want to go.

Virgo (August 23 to September 22) Someone from a previous project could

provide valuable guidance on how to handle a current problem, especially where it might involve a legal matter.

Libra (September 23 to October 22) A business situation presents some unexpected complications. But rather than try to handle them all at once, it would be best to deal with them one at a time.

Scorpio (October 23 to November 21) You just might get what you want, despite the odds against it. In any event, be sure to thank all those people involved who believed in you and went to bat for you.

Sagittarius (November 22 to December 21) Before you even hint at an accusation, remember that you'll have to prove what you say. So be sure you have what you need to back up your comments.

Capricorn (December 22 to January 19) A romantic situation takes an unexpected turn that favors some Sea Goats, but causes others to reassess how they've been handling the relationship.

Aquarius (January 20 to February 18) A surprise turn of events could unsettle the Water Bearer. But it also might help open up an entirely different way of working out an important matter.

Pisces (February 19 to March 20) A smoothly running operation could bump up against an obstacle. This is where

your ability to assess situations and make adjustments can restore things to normal.

Born This Week: Your kindness is legendary, and so is your strong sense of responsibility.

MOMENTS IN TIME

• On Feb. 14, 278 AD, Valentine, a holy priest in Rome, is executed. Ruler Claudius the Cruel was having difficulty getting soldiers to join his military because of their strong attachment to their wives, and had banned marriages. Valentine continued to perform marriages in secret and was beheaded for it.

• On Feb. 10, 1846, Brigham Young leaves Nauvoo, Illinois, and begins leading 1,600 Mormons west across the frozen Mississippi to a temporary refuge at Sugar Grove, Iowa. It was their first stop in a westward migration that eventually brought 12,000 of them to the Great Salt Lake in Utah.

• On Feb. 12, 1912, Hsian-T'ung, the last emperor of China, is forced to abdicate. A provisional government was established, ending 267 years of Manchu rule in China and 2,000 years of imperial rule. The emperor was only 6 years old.

• On Feb. 13, 1920, The League of Nations, the international organization formed at the peace conference at

Versailles in the wake of World War I, recognizes the perpetual neutrality of Switzerland.

• On Feb. 11, 1937, after a six-week sit-down strike by General Motors autoworkers in Flint, Michigan, GM president Alfred P. Sloan signs the first union contract in the history of the American auto industry.

• On Feb. 9, 1964, America meets the Beatles on *The Ed Sullivan Show*, with an estimated 73 million Americans watching as the group made its live U.S. television debut. When they sang *She Loves You*, the audience exploded in what was perhaps the most important 2 minutes and 16 seconds of music ever broadcast on American television.

• On Feb. 8, 1983, gunmen steal champion Irish racehorse Shergar in County Kildare, Ireland. The 5-year-old thoroughbred stallion was worth \$13.5 million. A \$2 million ransom demand was never paid, and Shergar was never seen again.

NOW HERE'S A TIP

• If you have a steel or metal door, stick a few magnets on the inside for a handy spot to attach reminders and other notes. If your door is wood, just attach a piece of corkboard to a strip of the door. With pushpins, it works the same way.

continued on page 30B

PUZZLES

Answers on page 31B

Super Crossword

TECH BUZZ

- ACROSS
- 1 TV ET from Melmac

4 Puncturing tool

7 Restrained like Rover

15 "To a ..." poems

19 Road gunk

20 Zodiac beast

21 Course taker, e.g.

22 Actress Carter

23 Start of a riddle

26 Singer Fitzgerald

27 Grove sight

28 Certain boxing stat

29 Mil. bigwig

30 Pale-looking

31 Riddle, part 2

38 Kilmer of film

40 Alley- —

41 Lion's foot

42 Fellow's wig

43 Actor Estevez

45 Sega's hedgehog

47 Look up to

51 Riddle, part 3

55 Lyric-writing Gershwin

56 Globes

57 "Ixnay"

58 "Take this"

59 Brainstorms

61 Parsley bit

64 Riddle, part 4

67 Kay Thompson title girl

70 Native Kiwi

71 Fluctuated greatly

72 Riddle, part 5

75 Odor

77 French port in Brittany

78 Outing ruiner

79 Afflicted

80 Poses

84 Inflated self

85 Riddle, part 6

90 TV talker Phil

93 Slipknot loop

94 Andress of "Dr. No"

95 Highest volcano in Eur.

98 Mil. bigwig

99 Mumbai "Mr."

100 Cotillion girl

101 End of the riddle

107 Throat affliction, for short

108 To the — degree

109 Western Hemisphere gp.

110 McEntire of song

113 Hair removal brand

114 Riddle's answer

120 Deli sandwiches, for short

121 Grow pale

122 Oct. follower

123 O'Hare approx.

124 Anatomical sac

125 Slammer

126 Porker's place

127 Water barrier

DOWN

1 Element statistic: Abbr.

2 Oz lion player Bert

3 Ascend a rock face without aids for support

4 Done in the style of

5 Vanished as if by magic

6 Tilt the head skyward

7 Big Brit. lexicon

8 Houston-to-Dallas dir.

9 Actress Nicole — Parker

10 Vowel sound in "game"

11 Born first

12 Alicia of ballet

13 Use stitches

14 "— a Rebel"

15 Like a single-part process

16 City of India

17 Barkin of "The Fan"

18 Street talk

24 Prefix with colonialism

25 Auction unit

30 Mars, to the Greeks

32 Move around in confusion

33 Pleistocene, for one

34 Spout off

35 Axis-vs.-Allies event

36 Singer Tina

37 Copycatted

38 Bill blocker

39 Eros, to the Romans

44 Young girls

45 Hang-up

46 Be logically connected

48 Letters after "had a farm"

49 Ache for

50 Subdued with a shock

52 Lead-in to lateral

53 Classic soda brand

54 Coach Parseghian

59 Very hot star

60 Anti-alcohol measures

62 Oct. exam for many juniors

63 Home: Abbr.

64 Compound in wine

65 Greedy type

66 Indigo, e.g.

67 Fix firmly

68 One of the Florida Keys

69 Cineplex — (former theater chain)

70 Hurt severely

73 Following loyally

74 Zodiac beast

75 Plum used to flavor gin

76 Roman 1,051

79 Commercial lead-in to -gram or -matic

81 Shivered in fear or revulsion

82 Frilly veggie

83 Wild guess

85 Lewis of rock

86 Apt to pry

87 Artist Vincent van —

88 Master marksman

89 Actress Moran

91 Calvin Coolidge's college

92 Beginning of a web address

96 Papal envoy

97 2017 World Series winners

99 Gives rise to

101 Rachel Maddow's channel

102 Rome's land

103 Ground corn dish

104 Burn — in one's pocket

105 Chili holder

106 Foul up

111 Version being tested

112 Eden evictee

114 "I'm less than impressed"

115 "Who am — argue?"

116 Cave in

117 Siouan people

118 A small number of

119 Trellis plant
-
- King Crossword
- ACROSS

1 Atlas page

4 Act of faith?

8 TV's "Warrior Princess"

12 Oklahoma city

13 Operatic solo

14 Sick as —

15 Newscast opener

17 Cathedral area

18 Vittles

19 Half of a '60s group

20 Sad song

22 Begged

24 Early Peruvian

25 Taylor Swift's genre, say

29 R-V link

30 Beetle

31 Bailey's boss

32 Bargain for leniency

34 Felines

35 Fail to see

36 Island porch

37 Neptune's realm

40 Ride the waves

41 Actress Cameron

42 Cowboy Cassidy

46 Challenge

47 Matty of

7 Salary

8 Idyllic place

9 Dutch cheese

10 Bright star

11 Mellows

16 Long tale

19 Viral Web phenomenon

20 Platter

21 Division word

22 Sweat outlets

23 Women's links org.

25 Buddies

26 Silicon Valley school

27 Teeny bit

28 Mozart's "— fan tutte"

30 Whirl

33 Stunned

34 Sagan or Sandburg

36 Waikiki wing-dings

37 Probability

38 Pisa farewell

39 British noble

40 Espy

42 Deli meat

43 Flamenco cheer

44 Born abroad?

45 Sailor

DOWN

1 Yoga pad

2 Hubbub

3 Drink-to-go holder

4 Coffee bar offering

5 Cupid's alias

6 Tire filler
- MAGIC MAZE NATIONAL — DAY : JANUARY

Y V T Q O L I G D B Y W T R Y
P M S K I N F D B Y W U S Q K
O M K E I F R D N F B Z E P C
X I R I S H C O F F E E L I U
W U S Q O U T O C U N L Z H D
M W J H F W O D C P A Y Z C R
W I V T E Z S P Q M O P U N E
N N L N A E B L S A K P P R B
I N G K H D A E H E L B B O B
A I V I R T O C I R P A F C U
F E P U E L D D U C E C B Z R

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: — THE POOH

Apricot

Cream Puff

Kazoo

Rubber Ducky

Bean

Cuddle Up

Milk

Spouses

Bobblehead

Fig Newton

Popcorn

Trivia

Corn Chip

Irish Coffee

Puzzle

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Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	9:24 am	1:31 am	6:36 pm	11:16 am	Fri	8:29 am	1:33 am	5:41 pm	11:18 am	Fri	8:04 am	1:35 am	6:34 pm	12:56 pm	Fri	11:34 am	4:47 am	8:46 pm	2:32 pm
Sat	7:36 pm	2:57 am	None	None	Sat	6:41 pm	2:59 am	None	None	Sat	9:43 am	2:41 am	7:47 pm	2:11 pm	Sat	9:46 pm	6:13 am	None	None
Sun	8:46 pm	4:10 am	None	None	Sun	7:51 pm	4:12 am	None	None	Sun	11:39 am	3:42 am	9:02 pm	3:12 pm	Sun	10:56 pm	7:26 am	None	None
Mon	9:55 pm	5:09 am	None	None	Mon	9:00 pm	5:11 am	None	None	Mon	12:03 pm	4:42 am	10:16 pm	4:14 pm	Mon	None	8:25 am	None	None
Tue	2:13 pm	5:58 am	10:56 pm	4:02 pm	Tue	1:18 pm	6:00 am	10:01 pm	4:04 pm	Tue	12:26 pm	5:36 am	11:12 pm	5:10 pm	Tue	12:05 am	9:14 am	4:23 pm	7:18 pm
Wed	2:23 pm	6:40 am	11:48 pm	5:07 pm	Wed	1:28 pm	6:42 am	10:53 pm	5:09 pm	Wed	12:52 pm	6:23 am	11:55 pm	6:00 pm	Wed	1:06 am	9:56 am	4:33 pm	8:23 pm
Thu	2:34 pm	7:15 am	None	6:00 pm	Thu	1:39 pm	7:17 am	11:40 pm	6:02 pm	Thu	1:21 pm	7:05 am	None	6:46 pm	Thu	1:58 am	10:31 am	4:44 pm	9:16 pm

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From page 25B

Now Here’s A Tip

- “If you find a pretty bottle of lotion, you can refill it when it runs out. I add a little bit of essential oils to my store-brand lotion.” – GE in California
- Remove white rings on wood tables with mayo. Slather a spoonful of mayonnaise on the spot and let it stand for an hour or so. Wipe clean. Repeat as necessary.
- Use nail polish in bright colors to mark the settings on your washer. The nail polish doesn’t wear off like a marker might.
- Got unmatched socks? Save them for the grandkids to use for hand puppets. You can help them sew buttons on, and use yarn for hair. A barrette can be glued or sewn on for a nose.
- “Here’s a DIY softener sheet for the

dryer. Just cut up an old shirt into small squares about the size of your hand. Use a sealable jar and add liquid fabric softener and water in equal parts, and then add all the squares to the liquid. When you move clothes from the washer into the dryer, take a piece, squeeze it out and toss in the dryer. They are reusable – afterward, just put it back in the jar!” – DR in Florida

STRANGE BUT TRUE

- The human brain would be able to perform 38 quadrillion (38 thousand trillion) operations per second if it were a computer.
- Lisa Jakub, who played teenager Lydia Hilliard in *Mrs. Doubtfire*, was kicked out of her Toronto school for taking the five-month-long film gig. When co-star Robin Williams found out, he wrote a letter to the school asking them to reconsider. School officials framed his letter, but didn’t change their mind about Jakub.

- Pope Francis was once a nightclub bouncer in his native Argentina.
- Neptune was the first planet to be found through mathematical predictions rather than telescopic location.
- The Iberian ribbed newt uses its own bones as weapons. Special tubercles in its abdomen allow its ribs to poke out through its skin when the newt is frightened. As an added bonus, the skin secretes a toxic chemical, turning this little creature into a killer of anything that tries to bite it.
- Allodoxophobia is the fear of opinions.
- In Ghana, people like to be buried in something that represents their lives. These include coffins shaped like planes for pilots, fish for fishermen and a Mercedes for a businessman.
- Many companies try to be as ethical and environmentally friendly as possible, but Stella McCartney bags took that initiative a step further by making some of

- the accessories out of corn.
- *Psycho* was the first movie to show a toilet flushing.
 - As part of standard convention, pilots and co-pilots do not eat the same food before a flight in case of food poisoning (or worse). If one of the pilots is incapacitated (in other words, unable to leave the bathroom), the other pilot can take over.

THOUGHT FOR THE DAY

“The only person you are destined to become is the person you decide to be.”
– Ralph Waldo Emerson

TRIVIA TEST

1. **Geography:** The United States shares a land border with how many countries?
2. **History:** When did the Great Fire of London take place?
3. **Measurements:** What does a sphygmomanometer measure?

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2/5 ★ 2/5

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4. **Food & Drink:** What kind of food has varieties called castelvetrano, manzanilla and nyon?
5. **Television:** What was the name of the Coneheads' home planet (*Saturday Night Live*)?
6. **Movies:** How many versions of *A Star Is Born* have been made?
7. **Literature:** The title of William Faulkner's novel *The Sound and the Fury* is taken from which of Shakespeare's plays?
8. **Science:** What does the acronym DNA stand for?
9. **Music:** What is a diggeridoo?
10. **Currency:** Whose likeness is depicted on the U.S. \$50 bill?

TRIVIA ANSWERS

1. Two, Mexico and Canada 2. 1666
3. Blood pressure 4. Olives 5. Remulak
6. Four 7. *Macbeth* 8. Deoxyribonucleic
- Acid 9. An Australian wind instrument
10. Ulysses Grant

SCRAMBLERS ANSWER

1. Lurch 2. Tremor;
3. Secure; 4. Mingle

Today's Word
SUMMER

HORTOONS



PUZZLE ANSWERS

SUPER CROSSWORD

A	L	F		A	W	L		O	N	A	L	E	A	S	H		O	D	E	S	
T	A	R		L	E	O		E	N	R	O	L	L	E	E		N	E	L	L	
W	H	E	N		A	N	O	L	D	W	I	N	D	O	W	S		E	L	L	
T	R	E	E		T	K	O				G	E	N	T			A	S	H	E	
		C	O	M	P	U	T	E	R	W	A	S	S	T	A	R	T	E	I	N	G
V	A	L		O	O	P		P	A	W		T	O	U	P	E					
E	M	I	L	I	O		S	O	N	I	C				U	R	E	S	P	E	C
T	O	M	B		L	F	U	N	C	T	I	O	N	A	N	D			I	R	A
O	R	B	S			N	A	H			H	E	R	E			I	D	D	R	A
		S	P	R	I	G			T	H	E	H	A	R	D		D	R	I	V	E
E	L	O		I	S	E			M	A	O	R	I			Y	E	L	O	E	D
M	A	D	E	A	S	T	R	A	N	G	E		S	M	E	L					
B	R	E	S	T		R	A	I	N		I	L	L				A	S	K	S	
E	G	O			H	U	M	M	I	N	G	N	O	I	S	E	R	S	H	A	T
D	O	N	A		H	U	E			N	O	O	S	E			U	L	A		
		M	T	E	T	N	A		S	G	T		S	R	I			D	E	B	
M	I	G	H	T	E	Y	O	N	S	A		H	A	P	P	E	N	E	D		
S	T	R	E	P				U	N	T	H			O	A	S		R	E	B	A
N	A	I	R			M	I	C	R	O	S	O	F	T		W	H	I	R	E	D
B	L	T	S		E	T	I	O	L	A	T	E			N	O	V		E	T	A
C	Y	S	T		H	O	O	S	E	G	O	W			S	T	O		D	A	M

KING CROSSWORD

M	A	P		L	E	A	P		X	E	N	A
A	D	A		A	R	I	A		A	D	O	G
T	O	P	S	T	O	R	Y		N	A	V	E
		E	A	T	S			M	A	M	A	S
D	I	R	G	E		P	L	E	D			
I	N	C	A		P	O	P	M	U	S	I	C
S	T	U		S	A	R	G	E		T	O	O
C	O	P	A	P	L	E	A		C	A	T	S
			M	I	S	S		L	A	N	A	I
O	C	E	A	N			S	U	R	F		
D	I	A	Z		H	O	P	A	L	O	N	G
D	A	R	E		A	L	O	U		R	E	O
S	O	L	D		M	E	T	S		D	E	B

MAGIC MAZE

A crossword puzzle grid with 10 numbered squares. The grid is filled with letters, and the words are: IRISH, CUFFEE, LIU, ZHD, ZCR, UNE, PRB, BOB, CUP, and R. The words are arranged in a complex, overlapping pattern.

SUDOKU

9	1	6	7	2	4	5	3	8
5	3	4	9	8	1	6	7	2
8	7	2	3	5	6	9	1	4
3	5	9	1	7	8	4	2	6
7	6	8	2	4	5	1	9	3
2	4	1	6	9	3	8	5	7
6	8	3	5	1	2	7	4	9
1	2	7	4	6	9	3	8	5
4	9	5	8	3	7	2	6	1

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Not Applicable	Sanibel	2010	6,801	\$11,500,000	\$11,000,000	18
South Seas Plantation Resort	Captiva	2003	3,463	\$5,975,000	\$5,800,000	0
Sorrento	Miromar Lakes	2013	6,835	\$5,495,000	\$5,300,000	110
Isola Bella	Miromar Lakes	2007	4,639	\$2,895,000	\$2,700,000	41
Cape Coral	Cape Coral	2020	3357	\$2,300,000	\$2,290,000	23
Fort Myers	Fort Myers	2007	5,516	\$2,795,000	\$2,229,000	238
Murano	Miromar Lakes	2014	4,580	\$2,249,000	\$2,150,000	74
Siesta Isles	Fort Myers Beach	2007	5,767	\$1,999,500	\$1,900,000	204
Gulf Shores	Fort Myers Beach	1963	1,680	\$1,949,000	\$1,780,000	12
Water Shadows Unrecorded Subdivison	Sanibel	1986	3,347	\$1,599,000	\$1,556,000	104

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11559 LAIKA LANE



MODERN, ICONIC, BEACHFRONT ESTATE

- Two Master suites & additional guest areas, 5,000 SF
 - Balconies w/ breathtaking panoramic Gulf views
 - An Awesome Investment Opportunity for Vacation Rentals!
- \$7,700,000**

1314 SEASPRAY LANE



NEW CONSTRUCTION GULF FRONT ESTATE

- 5 BR, 5.5 BA, w/2 Master Suites & lounging areas
 - Great Rm w/ Soaring Beam Ceilings, Fantastic Woodwork
 - Amazing Multi-level Deck Space, Negative Edge Pool and Spa
- \$6,995,000**

15261 CAPTIVA DRIVE



MODERN BAY ESTATE

- 4 BR, 4.5 BA, furnished Estate 5,690 + SF under air
 - Open Concept, Amazing Chef's kitchen, Master retreat
 - Heated Pool/Spa, Deep-water dock/lift & private beach
- \$12,500,000**

4961 JOEWOOD DRIVE



PERFECT BEACH ESTATE

- 4 Br, 4 BA, Beautiful Beach Home, OVER 3,900 SF
 - Huge Ceilings, Skylights, Picture Windows, French Doors
 - Meticulous Grounds, Tropical Landscape, Two Beach Paths
- \$5,200,000**

15138 WILES DRIVE CAPTIVA



CAPTIVA BEACH FRONT

- 102 Feet of Premier Gulf Frontage, Rental Income
 - Comfort Meets Luxury, 6 BR 5.5 BA 4611 SQFT
 - Private Oasis, Huge Deck space, Pool, & Putting Green
- \$6,195,000**

1501 MIDDLE GULF DRIVE UNIT F-307



SUNDIAL BEACHSIDE CONDO

- 1 Bedroom, 1 Bathroom Updated condo
 - Income Producing an Investor's Dream w/ Courtyard Views.
 - Pool, Spa, Dining, Pickle Ball, & Steps to the Beach
- \$479,000**

15146 WILES DRIVE



BEACHFRONT COTTAGE

- 2 BR, 2 BA, Open concept, light & bright cottage
 - Great Investment opportunity w/ Weekly rentals
 - Perfect Island Getaway, Beautiful Clear blue waters!
- \$2,389,000**

16151/16155 CAPTIVA DRIVE



GULF TO BAY ESTATE

- Two large parcels, Sunrise to Sunset, A Dream lot
 - 2.18 Acres to Build your Dream Estate/ Corporate compound
 - Gumbo Limbo Trees, Boat house & Observation deck
- \$8,950,000**



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